# <u>Jeevan Vidya – An Introduction</u>

(Introductory Book to Madhyasth Darshan - Coexistentialism)

## Original Hindi By A. Nagraj, Amarkantak, India

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\* Working Draft version \*

- choice of words, terminology & language currently under revision Revised Version Expected Release is January 2013 – You can use this as a starting text till the next version is ready!

## **About this English Presentation**

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## **Foreword**

Dear Friends,

Earth has become ecologically unbalanced and it is moving towards becoming unlivable for humankind. Every community and nation-state is insecure of each other and within. We have reached a deadlock for above two situations. Neither popular-science nor spiritualism has a definite resolution for coming out of this deadlock.

Madhyasth Darshan – Saha-Astitva-Vad (Jeevan Vidya) has been presented as alternative proposal before humankind – which has resolution for coming out of this deadlock. This proposal is not linked with any of the past ideologies or belief-systems – therefore it is termed as alternative. It was accomplished upon exploration through yogic sadhana method by Shri A Nagraj Sharma (who we affectionately call "Baba"), of Amarkantak, India. This proposal recognizes humankind's living in animal-consciousness as the root-cause of this deadlock-situation, and living in human-consciousness as the way-out and the remedy of damages already done. This proposal essentially is for the study of human-being in existence. This wisdom in a human-being leads to his realizing human-ness (or human-consciousness) in conduct. A human-being realizing human-ness is harmony-within and participates in universal-orderliness.

Information of this proposal is being disseminated through Jeevan-Vidya workshops – which are being attended by peoples from diverse backgrounds. NIT Raipur and more than a dozen technical-institutions from Chattisgarh are incorporating Jeevan-Vidya into education – with active assistance from Abhyudaya Sansthan, Raipur. Jeevan-Vidya has now become a compulsory part of the curriculum at IIIT, Hyderabad. It is also being evaluated by IIT Delhi, IIT Kanpur, and Society of Integrated Development of Himalayas (SIDH), Mussoorie. Numerous other governmental and non-governmental institutions are seriously considering for incorporating this proposal into their systems. Manviya Shiksha Sanskar Sansthan (MS3) Kanpur is actively assisting all these efforts. Dr A P J Kalam (former Indian President) – who himself has been evaluating this proposal - inaugurated the National Convention on Jeevan-Vidya at IIT Delhi in May 2007. People from each of these places have very encouraging results to share.

The original literature on Madhyasth Darshan written in Hindi by Baba Nagraj is available for everyone to study. However, the need for taking it to speakers of all languages of the world is yet to be fulfilled.

A language's capacity itself gets tested for carrying this message. The words and language-constructs have strong influence of prior ideologies. The words of prevalent languages needed to be *redefined* to convey this shift of paradigm. Baba has made his whole presentation in Hindi language by giving *definitions* to 'tatsam' words in it.

<sup>&</sup>lt;sup>1</sup> Tat-sam words are those which have been incorporated in Hindi without modification from Sanskrit language.

Language is for *reading*, and definitions are for *understanding* this proposal. These definitions connect keywords in Madhyasth Darshan literature to realities in existence – which anyone can *experience*, and *realize* in living. I have attempted to extend this definition-method for English language.

This is English language presentation of the book "Jeevan Vidya – Ek Parichaya" – originally written in Hindi by Baba. "Jeevan Vidya – Ek Parichaya" book is essentially a transcription of video-recording of Baba's address to a small audience that was done in 1997. This book gives background of how this proposal came about, its need, its essential propositions, and possibilities. In addition, this book has a question-answer session with the audience. Jeevan Vidya – Ek Parichaya – in a way - sets the stage for in-depth study of Madhyasth Darshan. Its English presentation here is also in first-person – like in original. Definitions of the keywords used in this presentation are provided at the end. Please read this work along with those definitions.

I have made this presentation in my capacity as student of Madhyasth Darshan. I express my sincere gratitude to every one who provided encouragement and feedback for its improvement.

With best wishes,

Rakesh Gupta January 2008 Bangalore.

## The Background

My fellow human brethren,

I understood all traditional-scriptures out of my own volition. I didn't study them under any outward pressure (of formal institutions).

Thereafter a definitive-wish for universal-goodness emerged in me on how this Earth should be?

## May Earth be Heaven, May Men be Divine May Dharma Prevail, May Goodness Arise Forever

I would like to present its background before you.

I began this bodily-journey in a religious family that had strongly established traditions of *knowledge*, *seva*, and *manual-work*. Every human-child starts believing in the religion of his family, accepts the laws and dictums of the state, submits himself to prevalent education-system, and tries to follow guidance of its educationists. I too started in the same fashion. Apart from this, there were dictates of tradition – the do's and don'ts. From the very beginning, these dictates didn't satisfy me. This happened in childhood itself. Initially, my elders dismissed this behavior of mine as childish. But slowly their language, postures, and bodylanguage started changing towards me. I sensed my elders weren't happy with me. This became first cause of my sorrow.

But how could I make them happy? Even if I obeyed them - I would start testing them against their own criteria. Even after their strictly following those dictates (and by not following also) they themselves weren't happy all the time. I could see that. That was the main thing. I observed my elders weren't themselves happy all the time by following those dictates of tradition and scriptures. Still one couldn't find better scholars of vedic-scriptures than them... Having seen this, I decided within to not follow tradition's dictates blindly - come what may! It started becoming like an oath within me. And another reason got added to this - that my elders weren't able to explain things to my satisfaction. Their repeated failure in explaining things only fueled my pride. My growing pride and non-conformance to dictates of tradition happened side by side. Where would this trend culminate eventually? Now my elders started claiming - he hasn't understood the Vedas, Vedanta, and traditional scriptures. He rejects every tradition, every dictate, and everything we say – how far could this be tolerated? They started worrying about this. This became second cause of my sorrow. Now what could I do? There was no other way for me but to study the traditional scriptures of Vedas which they considered supreme.

First heading is Vedanta – i.e. "Karma" (doing) in accordance with Vedic-Thought. According to Vedic-Thought – "Karma" is what gets you heaven – and there is a name for every other human-activity.

Second heading is Upasana – i.e. the activities performed for becoming Gods.

The third heading says - "Knowledge (Gyan) is Supreme."

What is Knowledge? - I asked.

"Knowledge of Brahma" - came the answer.

What is Brahma?

"You won't understand."

If I won't understand - then what's the way out for me?

"Follow the dictates of scriptures. That's the only way."

What should be done? What will be the outcome (of following these dictates)?

"You will get answers for these questions in samadhi."

Samadhi has answers to all my questions – was the assurance that I got from my elders. So I determined within to achieve the state of samadhi. There was no other way for me. My claims meant nothing. My following or not following dictates didn't mean anything. I had to get answers to my questions for once.

I carefully and completely listened to Vedanta – and first question formed in me as: What are "Bondage" and "Salvation"?

"Maya is the cause of our bondage" – it proclaims. "Salvation is dissolution of self (atma) into Brahma (the supreme-self)."

Where did self (atma) come from?

They said – "Brahma (the supreme-self) itself lives in the hearts of all living-beings as self (atma). When self (atma) gets dissolved into supreme-self (Brahma) - salvation of living-beings from reincarnations gets accomplished, and their repeated trips to heaven and hell end."

Why then Brahma (the supreme-self) seated itself in hearts of living-beings as self (atma) in the first place? When a living-being first happened (according to this) – there wouldn't have been any self (atma) in it, then what was the need for Brahma (the supreme-self) to go sit inside it?

Such were my iconoclastic ways... I didn't conform to my elders – so they started calling me an iconoclast. I said – whatever you consider me is fine, but you should answer to these questions. I didn't get answers to my questions from them. Eventually they told me that I will get answers to these questions also in the status of samadhi. Now what could be done? Gradually I readied myself for samadhi. This

began in 1944, and I was ready to endeavor for samadhi by 1946. That was the time when India was ready for getting its independence. In 1947, as we were hoping, power got transferred from the British. We used to listen to the present-day thinkers and elders – and contradictions in their words after this success. These also caused me pain. Thereafter another hope was kindled from prospects of India's new National-Constitution (law-framework). Perhaps that would provide a valuation framework for a human-being. I kept thinking myself – that Indian-Constitution should provide a direction somehow.

I kept listening to the developments for Indian constitution's making through newspapers etc – trying to understand. By 1950 – after listening to all its presentation, I felt that it was impossible to valuate a rightful-man under this constitution. It had no explanation for rightful-character for human-being – which could provide a definition of National-Character. Now what could be done? I added this also to my list of questions for which I expected to find answers in samadhi. There was no more need left to debate with elders and scholars. If the answers are there in samadhi then good, otherwise I am throwing this bodily-journey for this purpose – so I decided within.

One more person got ready for this, and that was my wife. We used to hear about Amarkantak – the originating place of river Narmada, and an auspicious place. Why not give one very last attempt here? And with this thought we arrived at Amarkantak.

#### The Sadhana

I started my sadhana by *Agam-Tantra-Upasana* method. This method describes path to samadhi – where gods and goddesses are to be visualized in different parts of one's body and then worshipped. This process of visualizing gods and goddesses in different parts of one's body is called *nyas*. The essence of this process is - *worship gods by becoming gods yourself*. This is what I was told. I readied myself to do this with full honesty. I kept doing this as was feasible for me. While doing all this – one day, I became free from the proximity of these gods and goddesses. "I am" – that's all I knew. There was no other thought left with me.

There were no thoughts left in me of my having to achieve anything. I didn't have any thoughts left of my possessing anything. I didn't have any thoughts for my wanting to do anything – as well. Along with this – I had no sense of space or time in this status. This was a new thing, a small incident, which happened with me. This condition prevailed for few hours after this incident. I realized afterwards – that I didn't have any sense of these aspects during this status. I had no thoughts at all during this status. I accepted this within myself. I started thinking – perhaps I have accomplished samadhi. I kept repeating this status every day for many hours – and kept waiting for getting answers to my questions. But I didn't get answers in samadhi even after one full year of waiting. This was my second failure. First failure was – when I didn't get answers from studying Vedas and Vedanta, and from finest scholars in my family. Now where should I go? There was no place now left for blaming anyone – and I stayed gripped in this situation.

One day – I started thinking, whether I have really accomplished samadhi or not? I had accepted of having accomplished samadhi – but how would I *testify* for this to others? What's the *proof* of this situation? How can I be sure that this is indeed samadhi? There's *nothing* in this status – which I could tell another person as evidence or proof. With this dilemma becoming bigger I started with sanyam - a yogic step beyond samadhi - to testify my having accomplished samadhi. This advice was also there with me from my elders. It's written in *Pantanjali Yog-Sutra* also – which means – sanyam is accomplished by combining three yogic statuses of *dharana*, *dhyan*, and *samadhi*. Anyone can verify this from that literature. Whatever is written there about process and outcomes of sanyam wasn't acceptable to me. Therefore I designed my own process for sanyam and started thereby. As a result of this – each and every bit of existence started revealing itself for my seeing. Seeing here means *knowing*.

In this status of sanyam I came to know – the entire sequence of events beginning from an atom till this big Earth. I have known these realities methodically – which I can make you understand. This situation got established in me. In the sequence of atoms – I also saw a jeevan-atom (Conscious-Atom). Jeevan atom is there in the same manner – in me, in you, in the child who is born today, and in the one who is going to die today. I came to know that jeevan is there with the body while living, and it's there after death – without body.

Why is jeevan there with body?

Here I came to know – jeevan wants to realize itself through body.

What does this jeevan want to realize?

I got the answer – jeevan first wants to *live*, and then wants to be *happy* while living. It wants to *realize* itself while being happy.

These are the three statuses. First status – is *wanting to live*, which gets fulfilled in animal-order itself. Jeevan's wanting for *happiness* and *realization* begins from humankind – and can only be fulfilled in humankind, and nowhere else. I have known this precisely. I achieved huge satisfaction with this knowledge. Thereafter I came to know that **essence for perennial happiness is – "living in orderliness".** 

Entire material-world – matter-order and plant-order – is in solid, liquid, and gaseous forms. Also – all the natural-formations from respiring-cells essentially are composed of numerous natural-chemicals. Body-formations are from unionizing of numerous natural-chemicals. Animal and human bodies are composed of physiochemical material only. The distinction between human and animal bodies is – that I came to know – that brain-formation is fully enriched only in a human-body. Full-enrichment here means – human brain-system is fully capable for jeevan's omnidimensional expression. I have seen this precisely.

Thereafter – I came to know animal-order exhibits a definite orderliness, and is well-defined in itself. In the same manner I also came to know – human-being is also well-defined, and realizes happiness by living its definition. Apart from this I got answers of the questions for which I had started on this endeavor – What is bondage? And what is salvation?

A jeevan runs every human-body. It can realize happiness through human-body. What is needed for a human-being to realize happiness? Human-being needs knowledge for realizing happiness. A human-being realizes orderliness and happiness through knowledge - and cannot realize them through any other method. When I was doing my sadhana – lot of people used to appreciate my discipline and principled-conduct. People used to come in hordes to watch me. But I am now testifying myself – till dharana yogic-stage the discipline of thoughts is not there. The nuisance of unnecessary thoughts continues till the yogic-stage of dharana. Only after establishment of dhyan yogic-stage these difficulties get removed. There was no mental-discipline in me till I established myself in the yogic-stage of dhyan. Only thing that I had was that I am here for my sadhana, and I am not to do anything arbitrary. Arbitrary thoughts didn't emerge in my mind - there was no such thing (till achieving dhyan yogic-stage). On this basis – I claim, there's no such principle in existence - which would allow for one to rid oneself from arbitrary thoughts before achieving the yogic-stage of dhyan. No-one wants arbitrary thoughts to come to one's mind. And the one who is doing sadhana - definitely doesn't. I also didn't want them - still these arbitrary-thoughts kept coming. This difficulty is faced by all sadhaks.

This situation is resisted by all *sadhaks* till they can, and when they can't resist anymore – they can't. That's all I can say, and that's its only analysis.

Now I also found answer to this – What is bondage, and what is salvation. Bondage is *Absence of Knowledge* or *Illusion*. Knowledge itself is salvation. *Absence of Knowledge* manifests as our living like animals – considering their activities as model for we humans also. Our accepting to live like animals is naturally an *illusion* for us. The prevalent traditions force us to live like animals. It's evidenced in theses of present education systems – which in essence are *Sex-maniac Psychology*, *Consumption-maniac Sociology*, and *Profit-maniac Economics*. Still parents bless their children for becoming good, cultured, affable, and civilized. Where is the match between our blessings for our children and what we give our children in education?

I found answer for my second question related with National-Character. And that is — **Every entity in existence is orderliness within, and participates in larger orderliness. I got the way for realizing this principle in a human-being as well.** I got the definition of a human-being. Human-ness is work and behavior of an awakened human-being. Essence and elaboration (in words) of this awakened work and behavior itself becomes Humane-Sociology or Humane-Law. Humane-Sociology's purpose essentially is to explain humane-conduct. This I came to know precisely. *Humane Code of Conduct* shall be described through Humane Law-Framework. Such law can recognize National-Character. Thereafter one can live like a human-being — free from Illusion. Such living itself is *freedom from illusion* or salvation.

There's no magic in this – like converting ice into stone, or stone into water, there's no blessing or miracle here, nor is it about exhibiting some extraordinary-feats. There is no extraordinary-feat or miracles in existence – I have known this precisely. Even today millions and millions of people are withering with pain in their imaginedextremes of blessings and curses. Its answer is - the moment we take first step in the direction of our awakening - in the same moment every curse, every sin, and every distress - all three get demolished completely. No trace is left of them. How does this happen? - Its answer can be given through example of mathematics. One could make a thousand mistakes while solving a mathematics problem – until we have learnt right way of solving it. But once having learnt to do it right, one gets it right every-time. Till one has not learnt, one keeps making mistakes over and over; and one makes a newer mistake at every attempt. If this mathematics-problem is given to a million children - its right answer would be one. Wrong answers from these million children – could even be a million in number. Anyone can do this survey. In this way, I got one more formula. We humans are one when right, and many when wrong.

When I saw existence – I found another brilliant formula. Existence has only two kinds of things. First are the entities (units) which could be counted, which we can call nature. And secondly, the one which is pervasive or void – which anyone can understand in an instant. Each and every unit of nature is drenched, surrounded, and submerged in this second thing. We can call it Pervasive-Element. Entities (units) of nature are of two kinds – material-entities and conscious-entities. Conscious-entities are as animal-order and humankind. Material-entities are matter-

order and plant-order – which encompass all natural-formations from minerals, metals, soil, and respiring-cells. All these are drenched, surrounded, and submerged in pervasive-element – this I have seen precisely. There is no provision of separation of entities from pervasive-element. Man can't create something – which doesn't have provision for in existence.

Whatever man tries to accomplish something through misuse – within purview of what has provision for in existence – it only results in destruction. For example – we used natural-resources for warfare technologies, which only resulted in Earth's and humankind's destruction. Perhaps, scientists are acknowledging this gradually. If they had understood this earlier – humankind could have become happy and prosperous. In retrospect, perhaps that was the destiny. First, humankind accepted mysticism or spiritualism – and whatever relief it gave, wasn't adequate. Again, it came in grips of materialism (based on popular-science) – and whatever relief it gave wasn't adequate for realizing happiness and prosperity. That's the painful situation of humankind today. Both these ideologies couldn't provide complete and lasting relief for humankind – therefore third step is needed.

In this way, answer to my question for bondage and salvation is as follows: **Man** becomes free from bondage by becoming wise. Now – how to become wise? Thereafter I looked within my self to see – what illusion do I have? I checked and researched within my self – and found that there is no trace of bondage left in me. So why shouldn't I arise the same situation in everyone? How would it be – when everyone realizes the same situation? Then as I had described earlier – this earth itself will become heaven, every human-being will be divine, Dharma will prevail, and goodness shall arise forever. This will be an auspicious human-tradition. Thereafter I started checking myself – whether I will be able to express all this? Whether people really need it? All these programs (of Jeevan Vidya) began thereafter.

#### The Outcomes

Most importantly, I got assured within myself that - We can incorporate code of humane-conduct in the constitution (law-framework). This would in turn realize a humane National-Character. I am definite about this.

I am fully-equipped myself of this knowledge (gyan), and I am myself evidence (proof) of what I am saying. I know existence – and I can make you understand. I know humane-conduct and I can make you understand. One can consider oneself as wise upon knowing these three. What happens by becoming wise? We become free of bondage – i.e. bondage of illusion. Our ancestors had told that freedom from bondage is about becoming free from cycles of reincarnation. It has got nothing to do with such freedom. No one goes out of existence, nor does anyone come into existence. Existence is all that is.

Jeevan is in existence – while living and after death too. Coal is there in different forms even after getting burnt. Perhaps scientists understand this. If not, they are bound to. **An entity can't be annihilated.** I started this presentation with a wish of universal-goodness. Earth's remaining firm and humankind's living in orderliness form the basis for realization of that wish of mine. Realization of humane-conduct by humankind is the key-issue for this wish to realize. Humankind upon realizing humane-conduct can stay on Earth forever without wounding it, without tearing its guts, and without doing destruction. Method of such living also comes with wisdom.

All untoward incidents in history have been outcomes of humankind's own **foolishness.** Wounding Earth, tearing its guts apart, causing its fever, and all kinds of deformities on its surface - are humankind's own doing. This resulted in spoiling of all rivers and streams, air and water - and whatever miseries it is causing to humankind, we are all aware. All vegetation, animals, and humankind have to bear the pain due to Earth's miserable condition. "Man can stay happy while continuously assaulting Earth" - what kind of people would have hypothesized it anyone can imagine! One good thing that comes out of this is - when we stop troubling Earth then resources on its surface are actually sufficient for humankind's living. Mistakes, crimes, conflicts, and revolts are outcomes of flaws in humanunderstanding. These are not outcomes of wisdom - and its evidence is before us as unbalanced human, unbalanced Earth, rivers, streams, hills, forests - everything is unbalanced. Ecologically unbalanced Earth is an outcome of deeds of man of age of Popular-Science. Still we continue dreaming that popular-science will yield something substantial for humankind! While the situation now is that human-race itself is about to get wiped off from the surface of Earth. All of us need to pay attention to this situation. Whenever humankind will want to rid itself from this catastrophe - becoming wise would be the only way out. There's no other way out.

**Unwise is incapable of stopping crime**. **Crime stays crime – even if the State approves it.** All countries on the surface of Earth have their own law-frameworks. And essence of all these law-frameworks is – *Centralization of Authority*. Centralization of authority is manifested as – stopping one mistake by making a

newer mistake, stopping one crime by committing another crime, stopping one war by raging another war. By doing these three things – there's no scope of becoming free of mistakes, crimes, or wars. These three (mistakes, crimes, and wars) have kept on becoming stronger and fiercer – day by day, month by month, year by year, century by century. Humankind's history is replete with chronicles detailing fierceness of wars, excesses of crimes, and queues of mistakes. It's self-evident. If we try to look for its resolution – then we find that these situations were all manmade.

Second main cause is – *Law-frameworks of Religions*. All law-frameworks of religions of whole Earth accept (as truth) – that man basically is a sinner, unwise, and selfish. However - the reality is different. Every religion's law-framework illustrates its own methods, morality-codes, duties, responsibilities, and rituals – for absolution of a sinner, for converting an unwise into a wise one, and for converting a selfish person into a resolved one. This situation is also very clearly evident before us. What is the net outcome from all these efforts (of religions)? Humankind couldn't recognize any unwise man who turned into wise (through these efforts). There's no evidence of a selfish who became resolved. There's no proof of a sinner who got absolved of sins.

As I had mentioned earlier – Sadhana is there until samadhi. It's not possible for a sadhak to be resolved in thoughts during sadhana. Turbulence in mind continues (to be there during sadhana) – as pursuer of samadhi starts off for sadhana due to pain from problems (in living) in the first place. 'Greatness' of a sadhak (one who is doing sadhana) is only till his accomplishment of samadhi (in his ability to resist the mental turbulence). Arbitrary-thoughts are inevitable during sadhana. All thoughts get wiped off in samadhi.

I have seen that in samadhi there's no desire left to do, achieve, or possess anything. So how did I get a desire to prepare for all this? As I requested to you earlier – I had not gone for samadhi to get freedom from living, or to get some kind of heaven. I had gone for samadhi to get answers to my questions. When I didn't get answers to my questions in that status, I went on to testify whether I had got samadhi or not. During this testifying I came to understand all these things. This proposal has emerged due to humankind's good-deeds, for humankind's future, for universal-goodness of humankind, and for universal-harmony. **This proposal is not an outcome of any books – that's a fact.** My elders had only guided me that I will get my answers only in samadhi. I did Sanyam to testify whether I had achieved samadhi or not – and in that process this proposal emerged.

**Knowledge of humankind has evolved in history.** How man lived in jungle-age, stone-age, metal-age – it's all written in history-books. People got a lot of relief with the coming of age of kings. The king would protect lives and property was an assurance (from this arrangement) – but that never happened. No assurance could be realized for lives or property. Forget about peace and harmony! Every family and every community kept expecting the state to assure lives and property, and ensure peace and harmony. In this process – theism/spiritualism ideologies came about, which gave relief to people for some time; but these too became inadequate after some time. When these became inadequate – naturally, rethinking was required.

This rethinking resulted into emergence of scientific-thought. Popular-science had the quality of logical-consistency – therefore it got wide approval from masses. Earlier – sermonizing (of spiritualism/theism) didn't have any scope of logic. Spiritualism only had dictates of do's and don'ts – and those who didn't follow these dictates were termed heretics, and were tortured or banished. It's all there written in history. Being logically-consistent – and its invitation for logic – scientific ideology got widely accepted by humankind. Hypotheses of heaven (by spiritualism) now seemingly got realized in terms of comforts and conveniences invented through popular-science. Humankind has tasted those comforts and conveniences also to a great deal. Accomplishments of popular-science couldn't provide desired fulfillment for humankind. Again humankind has started finding itself to be at crossroads.

Today's man keeps swinging between the extremes of devotion-renunciation and hoardings-comforts. When he gets tired of hoarding and seeking comforts, then he runs for devotion and renunciation. On getting cold-feet from devotion-renunciation – he runs back to hoarding-comforts. Both extremes feel good in themselves. But the gap continues to remain between their feeling-good and being-good – this anyone can imagine. **Feeling-good doesn't imply being-good.** For example- cold water feels good – it's no rule that cold water *is* good universally. Cold water though good for one person, could make another get cough. Therefore, cold water's feeling-good and its being-good – isn't universally applicable.

#### Scientific-thought has led humankind to instability and indefiniteness.

Scientists have tried to describe a human-being the way they describe a machine. They couldn't succeed in this though – thus far. The scientist who describes a human-being like a machine, himself remains dissatisfied with his own description. Understanding human-working is a big research-topic in popular-science today. This research will lead to speed in human behavior, working, and thinking – is the underlying thought. However – it's impossible to fit a human-being in that framework. Popular-science has accepted precision of machine because man can comprehend it, and can deal with it. Idealists have advocated a great deal about sensualities – proclaiming "sensualities are incomprehensible for man, and man can't deal with them." Therefore distances remain intact between the two isms.

In this way iron-grip of problems has kept on becoming tighter on humankind. Humankind of today stays gripped in problems from birth till death. That's the present human-situation – in a nutshell. The proposal that I am putting forth is an outcome of whole humankind's good-deeds, thus I accept. When I valuate my individual efforts against this proposal as outcome – I feel my efforts are very small when compared to this huge outcome. It's as if – a guava tree got a ton heavy fruit. This incident with me is quite similar. The outcome of my sadhana is much bigger against my individual efforts.

What carries forward the yields of human-effort (after a bodily-journey)? That's the main thing to understand. I have known that precisely - it is Jeevan. How is Jeevan capable of carrying such yield? I have known Jeevan has inexhaustible potencies and powers. I can make you study that as well. You can also understand it - if you have this quest. I trust it's your need, therefore you will.

It can be understood that whatever Jeevan decides to do with body – the yield from its efforts is higher than the needs of the body. It's a natural process. I have known Jeevan. I have known human-being as a combined expression of jeevan and body. Humankind thus far has been incapable of explaining jeevan and existence through the method of study. Attempts of popular-science for explaining existence have resulted in its illustrating instability and indefiniteness in existence. Popular-science has been producing theses for profit-mania, consumption-mania, and sexmania – and for struggle. Humankind has been (unknowingly) accepting its proposals. Even after accepting these proposals and tasting their outcomes also – popular-science hasn't become a basis of humankind's fulfillment. In this way, we have been living in conflict. Now this proposal before you has to be understood. Then the way I evaluated it within, you will also evaluate it – and when you are fulfilled after evaluating it, you will naturally devote yourself for making others understand too.

Proof (evidence) of our wisdom is only in our being successful in making others understand, so that they become wise. It's the test of our wisdom. In my experiencing of existence – (1) I have seen coexistence in wisdom. (2) A human-being can experience prosperity in coexistence by producing more than his family's needs. (3) A human-being's wisdom manifests as resolution in every dimension of his behavior. After understanding these three things when we realize these in our work and behavior and make others wise – our influence gets spread much farther and wider, while expanse of our body stays within its physical-limits. Everyone has capacity for wisdom, everyone desires wisdom, and everyone's enthusiasm for wisdom can be kindled – that's the potential of this proposal (of Jeevan Vidya).

The place where humankind finds itself today is after having crossed a number of stepping-stones. Popular-science is a stepping-stone in itself. Stepping-stone before that was spiritualism. Before that there were stepping-stones of tribal-age, jungle-age, and stone-age. We need to acknowledge their contribution for humankind's progress with gratitude. I shared the background of this proposal's emergence. In summary – whatever tradition presented before me as its "best offering" couldn't satisfy me. Therefore as a responsible individual - I accepted the responsibility for finding answers of my questions. I deployed my energies for this purpose – and I didn't put my efforts for anything else. As outcome of this intellectual-effort I found that every person can become happy, dharma can prevail, Earth itself can become heaven, and men can be divine. Therefore I got encouraged for presenting this proposal before humankind. I find myself doing the same at present.

After acquiring wisdom (from knowing existence, Jeevan, and humane-conduct completely) – the following situations immediately got established within me, which I am going to present before you. Wisdom led to my realizing **trust within myself** (in my abilities and capacities). I didn't have to put any separate effort for accomplishing it. I began evaluating this intrinsic-trust in all aspects of my living. In the same way – I could now realize **respect for good-qualities of others**. Respect is manifestation of correct valuation of good-qualities in other person(s). We won't be able to respect

someone whose good-qualities we don't valuate. Thirdly, I could conveniently express my wisdom through my way of living. I named it – realizing **equilibrium in talent and personality**. I could realize truth in my living thus. Fourthly, I could realize **sociality in behavior**. Sociality resulted in my getting fulfillment in living with others. As a result – my complaints from world vanished completely. I keep evaluating myself for my being meaningful in my relations. I realize meaning in my relations by fulfilling duties and responsibilities therein. Fifth aspect is – **self-dependence in occupation**. Though I was born in a hard-working family – and had abilities for doing manual-work and seva - still, I didn't know the meaning of prosperity (then). Now (with this wisdom) I came to know the meaning of prosperity. I am able to realize production exceeding the needs of my family – therefore I experience prosperity. In this way, I accomplished a number of wonderful things. I call this status of mine as – **Self-Reliance**. I became self-reliant (with this wisdom), therefore so can you.

Having become self-reliant thus – I could now present my wisdom to others, make others understand this too, and also express this wisdom in words. Thereby, I started putting this wisdom in the form of literature as – *Madhyasth Darshan Saha-Astitva-Vad*. I have presented Madhyasth Darshan in four chapters.

First chapter is – **Manav Vyavhar Darshan** (Awakening in Humane-Behavior). Second chapter is – **Manav Karm Darshan** (Awakening in Humane-Karma). Third chapter is – **Manav Abhyas Darshan** (Awakening in Humane-Practice). And Fourth chapter is – **Manav Anubhav Darshan** (Awakening in Existential-Experience).

In this way – I wrote complete *Madhyasth Darshan* literature as four chapters. Madhyasth (or Mediation) is the essence here. Existence has positive (growth), negative (decline), and mediating kinds of powers or natural-flows – and each kind of power/natural-flow is with its own outcomes. Of these - **Full Expression of Madhyasth Power (mediating-power) is the unique objective of human-tradition**. It was like a miracle for me too. So far, whoever – scientist, uneducated, or religious-scholar - gets a whiff of this gets hugely impressed. Popular-science is all about recognizing positive (growth) and negative (decline) kinds of powers in nature. I think, not recognizing mediating-power is a major lacunae and a blunder. Therefore rethinking became necessary – which has got fulfilled through Madhyasth Darshan. Madhyasth Darshan explains these four things – Madhyasth Bal (mediating-force), Madhyasth Shakti (mediating-power), Madhyasth Satta (mediating-pervasiveness), and Madhyasth-Jeevan (mediating-jeevan).

Saha-Astitva-Vad at the level of thinking-process came about in three headings. First is – **Samadhanatmak Bhautikvad (Resolution Centric Materialism).** Its essence-point is: - whole physiochemical existence (non-living nature) exposes orderliness within itself, and participates in larger orderliness of existence. Physiochemical-nature is complementary to conscious-nature and participates in orderliness with its own kind. *Samadhanatmak Bhautikvad* is an attempt to explain this. Whatever isms or ideologies humankind thus far have, essentially propound struggle and competition. While there're no conflicts, there's no revolt, there's no

snatching or stealing in existence. Existence is a mutual complementariness, a joyous celebration, and a continuous progression.

Literature would have its own limitations. According to me - wisdom can be conveyed only from one individual to another. Literature is only an attempt to convey information.

Samadhanatmak Bhautikvad presents logical-analysis with the method of Rationale in alignment with Natural-science, and Natural-science in alignment with Rationale. Rationale is – Reasoning for determining true-purpose for human-actions. After ascertaining the purpose (of any aspect) – we take it to the level of its logical-analysis. Natural-science is - Logical-analysis for determining right-direction for human-actions. The results of doing logical-analysis without fixing the purpose are already there before all of us. Popular-science makes use of logical-analysis without knowing its purpose. Now we can valuate popular-science whether it has got humankind stuck, or it established humankind at some great place.

Samadhanatmak Bhautikvad proclaims: **All physiochemical matter in existence is in orderliness.** All physiochemical entities are mutually complementary and are interrelated for their progression to next development-stages. Resolution (in material) gets explained in this fashion. This fact is an inspiration for humankind to live in orderliness as well.

Second presentation of Saha-Astitva-Vad is: **Vyavharatmak Janvad (Behavior Centric Humanism).** Human-being is in existence. Human-being's satisfaction is only by realizing harmony in behavior. Behavior by definition is among human-beings. Humane-behavior gets described in the form of humane-conduct. This presentation tries to elucidate the same.

Third presentation is: Anubhavatmak Adhyatmvad (Existential-experience Centric Spiritualism). So far, whatever the world believed to be "spiritual" (or consciousness) - it couldn't explain precisely. However, consciousness can be explained in a few seconds with this proposal. The emptiness between you and me, which can be seen, can be called 'space' or 'void'. The same space or emptiness is there between this earth and other planets. Same emptiness is there between one solar-system and another. It's the same way between two galaxies. Space is same everywhere. Therefore pervasiveness of space can be understood. Each and every entity (unit) is saturated (submerged, drenched, and surrounded) in this pervasiveelement. Existential-experience (knowing by human-being) too would be first in pervasive-element - therefore. Thereafter, man experiences his own being. If this pervasive-element hadn't been there between you and I – then there wouldn't have been a way of my experiencing (knowing) your being in existence. Therefore, whatever existential-experience happens first it happens in pervasive-element. I have tried to elucidate this in this presentation. I have tried to explain the need for experiencing existence by human-being. Understanding human-being is not possible without first understanding existence - since human-being is a part of whole existence. Therefore knowing existence is very much necessary. Each and every

entity is inseparably saturated in pervasive-element – that itself is the evidence of coexistence.

Not knowing the truth of coexistence leads to nothing but problems and sorrows. All conflicts, revolts, exploitation, and wars which we (humankind) did thus far - are contrary to proposition of Saha-Astitva-Vad. Despite committing all these mistakes – we (humankind) kept expecting, desiring that something good or truthful will result! Our expectations for universal-goodness have staved unfulfilled – while incidents of failure kept reiterating before us (humankind). Our (humankind's) pleasure and pain has been limited in this purview. (For example) if some clan or community-member kills a member of some another clan/community – then first clan celebrates thinking that it killed an enemy. It's the same situation for a state. Now what can be done? It's the same process which leads to formation of seats of religions. Now where should man go? Seats of religion, education, and state are mired in illusion - and they provide neither purpose nor direction to humankind. Now where else should we go? What should we do? Those are the difficulties before humankind. These difficulties were there with me as well before my awakening. After my awakening – I readied myself to accept that this whole proposal (of Saha Astitva-Vad) should be taken to humankind.

## Saha-Astitva-Vad as the Way of Living:

Saha-Astitva-Vad is presented in the form of three theses – which elucidate the way of living for a human-being. Intention behind these theses is need to live in orderliness by humankind. What is the way for humane living? What is the method for humane-living? What is the code-of-conduct for humane-living? What is the procedure for humane-living? All this is explained in these theses.

Whatever theses for economics are available today is essentially propagation of profitmania. There is no way for humankind to realize happiness through profit-mania. The only path for realizing happiness for whole humankind is through **Avartansheel Arthashastra (Cyclical Economics).** Cyclical-Economics is attuned with natural orderliness.

Second thesis is: **Vyavharatmak Samajshastra (Behavioral Sociology).** A humanbeing gets satisfaction only through behavior. Behavior is only with other humanbeings – and satisfaction is an outcome of realizing justice in these relationships. The essence point of this thesis is – Humane-Conduct. Therefore, we can accept humane-conduct in national code of conduct. This can be accepted as lawframework for every country. This can lead to elimination of the fear of war which is prevalent in all communities of world today. Until and unless war-efforts stop, troubling of Earth by humankind will not stop – and this troubling will only increase. This is another illustration for valuating the scientific mind. Much of popular-science and scientists are deployed for war-effort. They do it for money, and consider themselves productive by doing this destruction. War-effort destroys Earth – that is it. Humankind has to attain freedom from war-effort, and for that *wisdom* is the only way.

Third thesis is: **Manav-Sanchetnavadi Manovigyan (Human-Consciousness oriented Psychology).** Here I have tried to explain that Jeevan is the basis of expression of consciousness in a human-being. Body is the medium for expression of consciousness. I have tried to explain this here. It's there for your verification. My writing this will become successful only when you have understood it.

In this way – I have presented Saha-Astitva-Vad as Darshan, Vad, and Shastra (thesis). Planning is required for implementing the ideas in Saha-Astitva-Vad theses.

The Plans for realizing this proposal are as follows.

- (1) Jeevan Vidya
- (2) Humanization of Education
- (3) Family Rooted Self-Regulated Orderliness

Jeevan Vidya Plan: Humankind has remained ignorant about self ever since ancient times. Spiritualism-age tried very hard to explain "self" and "supreme-self", but it couldn't succeed. 'Ignorance about self' is the biggest cause of troubles in humankind. Jeevan Vidya Plan is for removing this trouble. If self (jeevan) is understood - the remaining aspects can also be understood easily. Jeevan is the essence-point to understand here. Every child, adult, and elderly has jeevan (as conscious-entity) in the same manner. Jeevan is the basis of equality among humankind. No two humans are equal in terms of body. Jeevan is there in every living human-being. Every jeevan's constitution is same. Every jeevan has equal potentials and powers. Every jeevan's *objective* is same. Every jeevan desires awakening, and awakening itself is its (jeevan's) objective. Every human-being desires resolution. Every human-being desires justice. You can verify these statements. There's no part of your body which awaits justice, or desires justice. There's no part of your body that desires resolution. In the same way, no part or element of your body desires prosperity. Still every human-being desires justice, resolution, and prosperity. It can be concluded that Jeevan itself desires justice, resolution, and prosperity. Let's therefore understand jeevan's constitution and its activities. Also, let's understand justice, dharma (resolution), and truth for jeevan's fulfillment. That's the objective of Jeevan Vidya Plan – which is translated into an actionable program. Top class scientists have listened to this proposal. Religiousscholars and uneducated-people have also listened to it. Some people have understood this proposal - and they have started making others understand it, and have been successful in doing so. It's only then I trusted my wisdom is meaningful and is a proof. It can be understood by everyone, and upon understanding it can be conveyed to others.

**Humanization of Education**: Everyone desires wisdom. Therefore wisdom needs to be incorporated into education. We made a curriculum for this – and practiced it in a school. It was first practiced in a school in Govindpur, at Bijnaur (UP, India). Very good results came from this. Educationists say that environment affects the students – while here we found that students were affecting their environment. I desire to see it at larger scale.

**Family Rooted Self-Regulated Orderliness**: This is the alternative for Centralization of Authority based systems.

## Jeevan Vidya

I have understood Jeevan – and now I begin explaining it to you. This process (of explaining) is called Jeevan Vidya. I want to first explain that jeevan's constitution stays same forever. Everyone wants to know jeevan (self) and wants to seek its fulfillment. Fulfilling this universal need is the objective of Jeevan Vidya.

Jeevan is neither physiochemical, nor is it something ethereal. Jeevan is an atom, a constitutionally-complete atom. What is constitutional-completeness? A constitutionally-complete atom (or jeevan) neither expels-out nor does it admit-in any subatomic particles. Its constitution continues to be the same – forever. Whereas, the atoms participating in physiochemical natural-formations exhibit expelling and admitting of sub-atomic particles - which result into their numerous constitutions as different types of constituting-atoms.

Change can happen in the number of sub-atomic particles in a constituting-atom. It's the only kind of change possible in existence – and there's no other kind of change. Changes which a human-being can make happen - are also limited to changing the number of sub-atomic particles through expelling or imbibing activities in constituting-atoms.

Constituting-atoms are of two kinds - *hungry-atoms* and *emissive-atoms*. The atoms which need (hunger for) imbibing more sub-atomic particles have been named here as "hungry-atoms". The atoms from which some sub-atomic particles are inclined for emission are called here as "emissive-atoms". In this way, both kinds of atoms exhibit their activities towards becoming fulfilled or constitutionally-complete.

A constitutionally-complete atom is with fulfilled-constitution, so that it has no further need for admittance or expelling of subatomic particles. This constitutionally-complete atom itself is conscious-entity. It's named as conscious-entity or jeevan – as it has required capabilities for completely realizing **knowing-ability** and **sensual-ability**. Even if man could somehow compose a body-formation (in laboratory) - in the absence of jeevan there would be no way of realizing sensual-ability in it, leave aside knowing-ability. Humankind's living in orderliness and its participancy in overall orderliness is an outcome of its realizing both knowing-ability and sensual-ability. All animals realize sensual-ability. There's no way for a human-being to achieve fulfillment (or happiness) – without realizing knowing-ability.

**Desire for happiness is inalienable from human-being.** In our attempts to fulfill this desire – we sometimes imagine of achieving happiness through comforts and hoarding, or through worshipping and renunciation. All attempts of everyone are for achieving fulfillment (or happiness) – but there's no proof (or evidence) of anyone's attempts becoming successful. My attempts for achieving fulfillment (or happiness) became successful on the basis of (my acquiring) wisdom. Therefore, I think – everyone can achieve happiness by becoming wise.

**We humans are** *one* **when right, and are** *many* **when wrong.** For whole humankind to be *one* – there was a need to identify the *carrier of rightness* which is *common* for all humans. I have recognized that commonality as Jeevan.

**Jeevan – when it lives with wisdom, it produces resolution in every dimension of its living.** Any human-being who lives with resolution – he also lives with happiness. Conversely, living with problems is living in sorrows. It's jeevan that *knows*. It's jeevan that *drives* the human-body.

Whatever we humans could teach to animals – like horses, dogs etc – has been in the purview of their sensual-abilities. How could wisdom be transferred from one human-being to another? Use of force (for this purpose) has not been successful by anyone anytime. Controlling or disciplining others by showing fear of livelihood works for some time, but eventually one grows out of that fear (and becomes uncontrollable again). It's evidenced in history as elimination of slavery-tradition. **Control based on sensual-abilities has to use techniques of fear and greed.** All religions, all states, all industries, and all business organizations claim for providing orderliness (i.e. natural-control) only on the basis of fear and greed. While neither fear nor greed is orderliness. Fear and greed are not naturally-acceptable to humankind.

What should be there for human-being to live in orderliness? The answer is: Values and Valuation. There needs to be a way of recognizing values. There needs to be a method for valuation. With these two things – tradition of resolution will be realized. Values and Valuation is a method of wisdom itself. It's not a mechanical process of body. While popular-science says that "everything is mechanical – there's no such thing as value". Considering man as a machine would lead to forever struggle between extremes of fear and greed. Such mechanical-thinking of popular-science caused ruthless destruction and now there's a question-mark on continuance of Earth's integrity itself. Even scientists are now acknowledging this looming danger.

There's no way of getting a problem resolved by bringing in another problem – or even by bringing in whole lot of problems. **If a problem is there, its resolution should also be there.** A problem could be resolved only with its resolution. Resolution is the only relief. Orderliness through values and valuation method needs to be developed for realizing resolution. Humane-orderliness shall be realizable only when it is centered on jeevan-relationships, jeevan-fulfillment, and jeevan-objectives. Humane-orderliness cannot be realized by considering human-being as body alone, and by forgetting the conscious-aspect (jeevan). All such attempts (of building orderliness by considering self as body) lead to still more disorderliness.

Conduciveness for body (for taking a decision) doesn't always imply that good (or harmony) will result (from that decision). No body-formation can continue to be forever. Body is mortal and is changed again and again. Jeevan is immortal and is changeless. Therefore, there is need for decision-making based on (understanding of) Jeevan. Jeevan is there in everyone in the same way. Jeevan's inexhaustible potentials and powers are equal in everyone. There is no death or exhaustion of jeevan. Why doesn't it exhaust? (Because) There is no change possible

in jeevan atom's constitution. Being *changeless* means its constancy and inexhaustibility in its potentials and powers. **Potential of jeevan is realized in its natural-state. Power of jeevan is manifested as its natural-flow through living.** Man has *natural-expectation* for continuity of living as a proof of this.

**Being of an entity is its active-presence**. Study of any entity is only in its active-presence. In the same way (when we study a human-being) – Every human-being has jeevan in the same way. Every human-being's jeevan has equal potentials and powers. Fourthly, every jeevan's objective is same – which is evidenced in every human-being's desiring happiness. These four things need to be kept in mind while studying human-being.

Jeevan is a constitutionally-complete atom and it is a conscious-entity. Who makes jeevan? – can be asked. "For anything that is, there has to be a maker (or creator) and a destroyer" - has been a line of thinking. Scientific-thought extends it to - "man can also make (or create) and destroy". This line of thinking has led humankind to a lot of frustration. For example - some countries claim that they can make atombomb, while some are not capable yet for making it. This thinking cannot be the basis of equality among countries. Basis of equality is existence (that every entity exists and exhibits its being-ness). "Making" and "destroying" oriented thinking - is at odds with reality of coexistence. Existence (or natural-state of every entity) is coexistence. Whatever we do with thinking that is at odds with reality - it lands up in some conflict eventually. It is the same way with business, which has landed up in the deadlock of profit-mania. Business doesn't have any basis of identifying equality among peoples – there's always a conflict of 'less' or 'more'. One person's 'more' is 'less' for another person, and the conflict between them continues. Popularscience accepts "conflict" as a reality - and propagates maintaining distances of less and more. With this line of thinking humankind's living with happiness and harmony couldn't be realized anywhere. For harmony and happiness, every humanbeing will need to live with the method of values and valuation.

**Living with method of Values and Valuation:** Its first stage is *wisdom.* Second stage is *honesty*. Third stage is *responsibility*. Fourth stage is *participancy*. Every human-being wants to realize himself in above four stages.

## Wisdom means following three:-

- 1. Knowledge of Jeevan
- 2. Knowledge of Existence expressed as Coexistence
- 3. Knowledge of Humane-Conduct

Jeevan is for ever. It's desirous of happiness which it can realize only in human-tradition. First objective for this is *Understanding Jeevan* – which is called "Jeevan Vidya". Carrier of knowledge (Vidya) is Jeevan.

Knowledge (Vidya) has three aspects: Knowledge (Vidya), Wisdom, and Knower (Wise).

**Knowledge (Vidya)**: Whole existence itself is knowledge.

**Wisdom**: Jeevan is the carrier of wisdom.

**Knower** (Wise): Human-being (realizing wisdom).

What's there to know? (The answer is) Whole existence expressed as coexistence is the content for knowing. This itself is knowledge (Vidya). Jeevan is the carrier of wisdom and human-being is the one who can realize wisdom. Human-being is a combined expression of body and jeevan. With this method a human-being's grandeur, jeevan's grandeur, and grandeur of coexistence gets explained on its own.

Existence implies coexistence. Coexistence implies development-progression (in nature). Development-progression implies jeevan (constitutionally-complete atom). Jeevan implies (or attains) awakening. All these are interrelated and naturally-evident in existence.

Natural-formation and deformation are interrelated physiochemical-activities which are continuously there. These activities continuously keep happening – in every time. Jeevan is the entity that *sees* these activities. It's jeevan that sees and understands and not the body. **Jeevan enlivens body.** Parts of body that jeevan doesn't enliven stay numb, where no sensations such as hot or cold get recognized. Another evidence of this can be seen during medical-surgeries under anesthesia, where there's no recognition of sensations. Therefore it can be understood that sensations are recognized only in those parts of body which are enlivened by jeevan.

Jeevan seeks fulfillment – and for that it understands *truth*, *reality*, and *factuality*. This forms the basis for jeevan's happiness. This was my need for understanding jeevan. This need for understanding is there in everyone – rich, poor, able, disabled, elders, and young-ones.

**There's no possibility of struggle between sects with understanding of Jeevan-Vidya.** (Because) Jeevan-Vidya has the basis of universal-goodness. It has the source of perpetual happiness for everyone. Its evidences are as continuity of resolution for humankind. All these spontaneously emerge from this knowledge. Humankind inherently desires to live like this itself – thus I accept.

We can live with happiness only with everyone else, and everything else. Nothing is alone – this emerges as principle. It's not possible for humankind to realize happiness leaving aside its relationship with Earth. No-one can be happy leaving relationship with water. There's no way for us to become happy leaving any relationship then how could relationship with jeevan be forgotten? How could man be (hypothesized to be) a machine and be free of emotions? How can this ever be – you can yourself imagine.

We ask for value of everything when we go to market – of vegetables, grains, gold, iron, etc. Who is valuing here? It's human-being who does this valuing. If every thing has value, there should be a value for human-being also! We have put value on everything else, except on human-being. Everything – wherever there could be an

opportunity for making profit has been valued, whereas had we become capable of valuating human-being, then we would have become free of profit and loss. What a relief it would be for the world! There's no saving of oneself, leave aside others in this trap of profit and loss. Every crime is considered valid in this vicious cycle of profit-and-loss. Only way out of this trap is to make humankind capable of its own *valuation*. It's not possible to come out of trap of profit-loss before that.

There have been ample attempts in human-history to understand and realize *valuation* but there's not been any success to report. Two evidences of these attempts are – Communism and Capitalism. Communism ultimately struggled for profit for state – and therefore couldn't free itself from the trap of profit-loss. Capitalism, whereas, is profit-ism by declaration! Humankind needs to understand *values* and *valuation* to become free from the trap of profit-loss.

Human-values need to be lived. What will it take to fulfill this need? Human-values are realized by understanding of jeevan, understanding of existence as coexistence, and by natural-acceptance of humane-conduct. Wisdom is nothing else, but this. When we begin realizing human-values – only then we become capable of doing right, and become proficient in doing right. Till then we are trapped in one mania or the other – and there's no way for us to do right. Understanding Jeevan and Understanding Existence are essential for becoming wise. Jeevan Vidya is all about Understanding Jeevan and Understanding Existence.

**Vidya has two aspects – Gyan and Darshan.** Jeevan is the carrier for both of these. Jeevan-Gyan (Knowledge of Jeevan) is jeevan understanding itself. Jeevan when it understands existence – it's called Astitva-Darshan (or Knowledge of Existence). All jeevans are same kind, and all humans have the same kind of jeevan. Same-ness of jeevans is evidenced upon every jeevan's knowing itself, its realizing itself, its knowing existence, and its realizing coexistence.

Body doesn't have knowledge – not in hands, legs, ears, nose, eyes, nor is it there in brain or heart. System of knowing is there in Jeevan only. **Jeevan is the only entity capable of understanding itself and whole existence – there's nothing else which can understand.** In this way, we can come to a conclusion that both body and jeevan are needed for a human-being to express and realize his wisdom. This wouldn't be possible with only body, or with only jeevan. Essence of realizing wisdom is living in orderliness, and participating in universal-orderliness. This itself is realization of wisdom's purpose. **All of us have natural-inclination to live in orderliness as this is jeevan's natural order. It's not an imposition.** 

**Understanding Existence**: Existence itself is coexistence, since existence = nature saturated (submerged, surrounded, and drenched) in pervasive-element. Nature essentially is countable entities. Man is the one who counts. These countable entities are both of physiochemical-nature and conscious-nature.

There's a small formula – **Happiness from Wisdom, Sorrow from Un-wisdom.**World has been struggling thus far for achieving happiness. First it struggled saying happiness would result from austerities, renunciation, or yogic pursuits. People tried

with these methods but it didn't result in any proof, and it didn't come into tradition for humankind. Second time over, people struggled with the idea that excessive hoarding of material-objects would result in happiness. That too failed. Both ideas couldn't realize happiness for any one. Now there's a need to rethink. This rethinking itself resulted in the formula – Happiness from Wisdom.

**Wisdom implies Correctness.** All of us are *one* when correct, and are *many* when wrong. There's no way of my agreeing/accepting with your wrong, or your agreeing/accepting with my wrong. Wrong stays wrong – for me, and for you. **We are all one in correctness – is something I came to know.** Wisdom alone will make our way forward. Wisdom alone makes us realize resolution and prosperity. Wisdom alone leads to our living in orderliness in every now. With wisdom alone we can realize coexistence.

There are four stages of expressions of happiness – Resolution, Prosperity, Fearlessness, and Coexistence. Happiness is outcome when these four get realized. Our efforts persist until we achieve these four things. Our carrying out of all austerities, worshipping, yogic pursuits etc have essentially been for achieving this happiness. We ended up accumulating lot of things as well for achieving this happiness. Still *happiness* remained elusive for humankind. Wisdom is essential for achieving happiness. Wisdom can be taken to everyone.

First stage of wisdom is – Understanding Existence. Existence is in four orders. First is Matter-Order – which is soil, stones, gems, metals etc. These realize their definitiveness of conduct already. Second is Plant-Order – wherein all plants, trees, vegetations, and herbs are there. These also realize their respective definite conducts. Third is – Animal-Order, wherein all living-beings (except human-being) can be enumerated. All these are orderliness with their being-ness. Fourth is Knowledge-Order – wherein only human-being is there, who still awaits being in orderliness. Now imagine yourselves – the most developed order is lagging behind every other order (for realizing its orderliness)! What does it mean? That's the cause of sorrow of humankind – in essence.

Human-character also needs to be in congruence with its highest degree of development (against other orders in existence). **Every entity in existence exhibits orderliness as its definite-conduct. Humankind's realizing of orderliness shall also be as its definite conduct.** That's another formula – which all of us need to verify. As we go about verifying this – what's the entity which understands becomes the first thing to understand. And what would result from wisdom – is the next thing to understand. That's all is the reach of humankind.

**Man is an entity of Knowledge-Order**. What is the basis for humankind's getting counted in knowledge-order? A human-being's work and behavior is always in accordance with what he believes as having understood (or known). One could *believe* (in something) without knowing (it). One doesn't *know*, and only has a belief (about it) – but still while talking he claims – that *I know*! This is the discrepancy of a man in illusion. **99% people believe themselves to be body – which resulted into** 

## all difficulties being faced by humankind. Jeevan Vidya program is for freeing humankind from these difficulties.

It's only human-being among all four orders in existence which needs resolution for achieving happiness. Matter-Order is naturally-controlled through *constitution-conformance method*. Plant-Order is naturally-controlled through *seed-conformance method*. Animal-Order is naturally-controlled through *race-conformance method*. Evidence of *natural-control* is living in orderliness and exhibiting definite-conduct. Except humankind every entity in nature is automatically in orderliness. Need for definite-conduct is there in humankind also. **Natural-control or orderliness in humankind is realizable only by sanskar-conformance method.** 

What is sanskar? Sanskar is wisdom. Proof of wisdom is humane-conduct. When a human-being becomes wise – he lives in orderliness and his conduct becomes humane. Incapability of living in orderliness is the cause of a man's inhuman conduct. This way we get definitions of humane-conduct and inhumane-conduct. Thereafter we discover whether there's a *need* for humane-conduct or not? Man has a natural-inclination for whatever he needs. **Every human-being is naturally-inclined for humane-conduct.** This very fact gives inroads for humankind's awakening.

There's no birth or death for jeevan. Body is formed into event of birth, and it deforms into event of death. Jeevan wants to conduct body according to its wishes. Method of jeevan's accordance is jeevan's program for realizing happiness. Animals essentially live with race-conformance method – realizing jeevan's desire to live. Humankind wants to live with happiness, while when it goes about living with race-conformance method like animals, it lands into living in sorrow. That's all there's to it. We need to understand and realize this properly.

**Tradition of Wisdom:** Wisdom is the content for realizing. You realize your wisdom only when after having understood from you I become capable of making others understand. That's the way wisdom naturally flows in human-tradition. Un-wisdom doesn't naturally flow into human-tradition. There's no variety in the content of wisdom. Content of wisdom is same for every human-being. Variety can only be in its presentation. Presentation shall improve, and will become more refined with every new generation. Procedures for "living right" shall keep getting more refined. "Doing right" shall keep becoming more readily available for all. Everyone needs wisdom. In this way, a wise man alone is capable of extending wisdom to next generation in a proper way. Extending wisdom thus to next generations leads to a wise person's own satisfaction and satisfaction of coming generations.

**Human-being is a sanskar-conforming entity**. Sanskar is wisdom itself. Mistakes are not naturally-acceptable to anyone, therefore mistakes can't be sanskar. Man doesn't naturally-accept mistakes, but still stays stuck with them. One may have made a thousand mistakes; still those mistakes wouldn't be naturally-acceptable to him. Since mistakes aren't naturally-acceptable to anyone, therefore no-one extends them for future generations. This is the reason why un-wisdom doesn't get

established as human-tradition. All these evidences conclude that wisdom alone can naturally flow into tradition.

**Equality is the focal-point of wisdom.** Jeevan is the basis of equality in humankind. Equality in jeevans is seen in the aspects of their constitutional-completeness, inexhaustible potentials, and inexhaustible powers. My jeevan-powers of *expecting*, *thinking*, *desiring*, and *conviction* don't diminish, how so much I may use them. This feat wouldn't have been possible without jeevan's inexhaustible potentials and powers. Inexhaustible potentials and powers (of Jeevan) imply (its) unchanging constitution (or immortality). In this way, even logically, constitutional-completeness of jeevan can be accepted.

Now, how do we verify (or test) whether we have acquired wisdom or not?

One's wisdom is verified (or gets tested) in one's work, behavior, and participancy in orderliness. I have verified myself dozens of times in my work and behavior – also found that I live in orderliness myself. However, larger orderliness of humankind hasn't yet established. My living in orderliness re-establishes proof of my existential-experience. This strengthens my existential-experience. This is living with existential-experience-centric method. This concludes that man (Knowledge-Order) lives in orderliness with existential-experience-centric method upon achieving wisdom. Animal-Order lives in orderliness with race-conformance method. Plant-Order is in orderliness with seed-conformance method. Matter-Order is in orderliness with constitution-conformance method.

Wisdom is definite. Jeevan as carrier of wisdom is definite – therefore wisdom's proof is also definite. Jeevan achieves wisdom. Jeevan is the entity that is capable of understanding. Proof of wisdom cannot be found in some animal-race. Proof of wisdom is (accomplishable) in human-tradition only, since brain (needed for jeevan's full expression) is completely developed only in a human-body.

Coexistence encompasses each and every activity in existence as - *complementariness*, *metamorphosis*, *development-progression*, *development-completion*, and *awakening*. Method and capacity for understanding these activities is innate in human-being itself.

**Core issue in understanding existence is: Existence = Nature saturated in Pervasive-Element.** Nature and Pervasive-Element are forever inseparable, forever present, and ever-actively-present. There is no method, no purpose, and no possibility of separating nature from pervasive-element. It's no use imagining something which isn't even there in existence. One can *understand* only what's there in existence. What's there – can be understood and realized. Existence expresses itself as four orders. These four orders can be understood, and our complementariness to these can be realized.

Our harmonious living in family and social-orderliness is only possible upon realizing wisdom. Absence of wisdom manifests in sorrows everywhere. World human-population has become around 7 billion – still humane-orderliness couldn't

be realized. Increase or decrease in population has got nothing to do with accomplishment of wisdom.

#### What is the purpose of human-tradition?

(The answer is) Resolution, Prosperity, Fearlessness, and Coexistence

**Method of Coexistence** leads to our (humankind's) living with complementariness with everyone and every thing.

**Method of Fearlessness** leads to our (humankind's) getting established in unwavering trust in ever-actively-present existence.

**Method of Prosperity** leads to our (humankind's) producing more than the needs of our families.

**Method of Resolution** leads to our (humankind's) living with Justice.

All efforts in humankind's history – both through spiritualism/theism methods and through materialism/scientific-methods – couldn't accomplish wisdom. Its root-cause is their inability in understanding existence as coexistence. These ideologies made mistakes at one place or the other in understanding existence – therefore these couldn't establish tradition of wisdom. There's no other way of humankind's living in orderliness without tradition of wisdom. Absence of wisdom led to humankind's incapacity to live with justice with other humans, and to live in a principled-manner realizing equilibrium with animal-order, plant-order, and matterorder. Absence of wisdom in humankind has been the cause of its causing destruction of environment.

#### Humankind didn't get justice in human-history thus far.

I asked many judges of big courts of justice and they told me – "we only do arbitration of criminal-cases, we don't do justice". If a court of justice doesn't know justice – would it be true to call them so? And same courts of justice ask for taking oaths of truth! Now how could anyone find truth in these courts? In the same fashion – what work gets done in the offices of State? Offices of State essentially work on finding mistakes and crimes, and then try stopping them by making different mistakes and crimes. All workers in all offices of State are occupied in doing only such work!

#### Wisdom is the fundamental requirement for humankind's awakening.

Humankind's living in justice shall be possible with every human-being's achieving wisdom. Prosperity, fearlessness, and coexistence are spontaneous outcomes of living in justice. Without living in justice, it's not possible to achieve them. Therefore – justice is the backbone of human-ness. Justice is first realized in a family, then in a society – and then on whole earth. Living in justice leads to man's fulfillment, happiness, resolution, his trust in ever-present existence keeps on strengthening, and his behavior keeps getting increasingly more refined. All these things become

available all of a sudden by living in justice. While traditional-scriptures claim – one achieves such things by doing great deeds of virtue! I understand "virtue" as becoming wise. In the process of becoming wise – a man spontaneously starts realizing his *abilities*, *capacities*, and *receptivity* in all dimensions of his living.

Capacity of an entity is defined as its bearing activity. What's there to bear for a human-being? It's either *illusion* or *awakening*. When a human-being becomes awakened – illusion in him vanishes on its own. Man is a sanskar-conforming entity. Tradition (as systems and methods of living) is the carrier of illusion or awakening. Every human-child spontaneously inherits qualities from tradition starting from his birth itself. His *initiative for self-fulfillment* and *initiative for universal-goodness* come thereafter. Any human-being becomes free of illusion on the basis of *initiative for self-fulfillment* and *initiative for universal-goodness*. Freedom from illusion here means living with jeevan's getting awakened.

**Tradition thus far could only give us (systems and methods for) - living with respect to body.** It's clearly evident in prevalent education systems – where content of education essentially is for propagation of sex-mania, profit-mania, and consumption-mania. While human-being is distinct from other living-beings. Human-tendencies are different from animals. A human-being has multi-dimensional expression of jeevan – which is not evident in rest of the living-beings.

Human-being desires *resolution*, while *resolution* is not a desire of any other livingbeing.

Human-being desires prosperity, while no other living-being desires prosperity.

Animals don't have tendencies for hoarding. Even an ant doesn't gather food with intent to hoard. Ant's activity of gathering food is autonomous (as per ant-specie's emergence and its design for exposition in coexistence). While a human-being willfully seeks hoarding and comforts for its lustful purpose of over-consumption. Entire humankind is seeking hoarding and comforts in the same way. Due to this – our *views of thinking* have remained confined to seeking *pleasure*, *conduciveness*, and *profitability*. This has led to our (humankind's) sorrows, struggle, and pain. The only way out of this difficulty for humankind is to understand jeevan, understand existence, and understand humane-conduct.

Human-being is the most developed entity in existence – both in terms of body (as most refined expression of respiring-cell natural-formation), and in terms of jeevan (as a constitutionally-completed atom). Jeevan uses body to express its natural-state and its awakening. Jeevan enlivens body and while using the body, it starts considering itself as body. Considering itself as body is the cause of jeevan's illusion – and as long as it considers itself as body its need for realizing awakening stays unfulfilled. Many times a jeevan leaves body (upon death) while still continuing to be in illusion. Jeevan's staying unfulfilled through repeated bodily-journeys surely becomes a cause of its frustration. Jeevan's fulfillment has got nothing to do with sin or virtue. It's only a matter of wisdom or absence of it.

**Wisdom's realization is only through tradition.** (Therefore) Wisdom will have to come into whole humankind's tradition. World's salvation doesn't happen by only one person's becoming wise. It's this hypothesis – which made us fearful and despondent. Every human-being can live in humane-conduct. Each one can live within *self-wealth*, within *continence*, and by doing *work and behavior filled with kindness*. Such living leads to assurance and right-use of our resources (body, mind, and wealth). When both these aspects are fulfilled – the relations, values, valuation, and mutual-fulfillment also get realized spontaneously. In this way – **Humane-conduct gets defined as a combined form of Values, Character, and Principled-living**. *Principled-living* are methods for right-use of body, mind, and wealth.

Values are realized only upon recognition the meaning or purpose of relationships. For example – when someone recognizes (the meaning or purpose of) relation of his father, or of Guru, then values naturally flow in those relationships automatically. Values don't naturally flow where there's no recognition of relationships. Recognition of relations is the crux issue. Study of relations can be done on the basis of their purposes. For example – relation of mother is primarily for purpose of *protection*. Study of relations this way leads to elimination of mistakes by a human-being. Mistakes keep happening from us till we understand relations.

When we observe present systems of State and Religion – they seem to be designed for criminals. Both State and Religion are busy in trying to reform criminals using their own techniques. All these techniques could not succeed. Every human-being wants to become *wise*. Every human-being wants to become *honest*. But tradition failed in showing the way of honesty. Every human-being wants to become *responsible*. But tradition could not define the *purpose* of responsibility. People have wished for goodness to happen – that there should be good for everyone, everyone should have a family, everyone should live in harmony. Everyone keeps chanting slogans about these wishes. But chanting alone doesn't give a way out for realizing these wishes. The book where it's written that there's should be goodness for everyone, the same book later proclaims that the whole world is a deception, only God is the real savior – whose shelter we should seek. Such things didn't lead to any results. Man doesn't live after "going to God" – then whose welfare are we talking about here? All such talks don't lead to realizing of human-purpose. Only wisdom is the way for realizing man's purpose.

All human-relations have purpose inherent in them. What's the purpose of human-relations? Realizing resolution, prosperity, fearlessness, and coexistence alone is the purpose of all relations. Purposes of all relations are connected with these objectives – and when everyone links to these purposes, it establishes a humane-tradition. Tradition can be of wisdom only. Un-wisdom (or absence of wisdom) wouldn't make a tradition. We don't have a humane-tradition yet - this itself is evidence that humankind couldn't achieve wisdom in history.

Every graduate from prevalent education-systems considers himself the most smart, and considers rest of the world to be foolish. Education systems are churning out

millions of such graduates every year. How to make these graduates wise? What's the remedy of this malaise?

Unless one wants to learn something, there's no way of making him learn. I am an evidence of this fact myself. My family, neighborhood, and village were full of scholars of Vedanta – still they couldn't make me do formal-schooling because I didn't want to! On the contrary – every human-being on this Earth wants to become wise. On this basis, there's full possibility for every human-being on Earth for becoming wise. I began this movement (of Jeevan Vidya) only after recognizing this natural-inclination in every human-being. Everyone has desire for wisdom – that's the seed-truth of this jeevan-vidya movement. It has given relief to those who have understood this proposal. It has cultivated those qualities in these people – which we can recognize as humane-conduct.

**Essence of principled-living** is deploying one's resources (body, mind, and wealth) into purposefulness. This is called right-use. Right-use is in two aspects: (1) deploying one's resources for production and seva. (2) deploying these for realizing values in human-relations.

**Assurance of a resource is only possible with its right-use.** That's the meaning of *right-use* and *assurance*. We assure our resources (body, mind, and wealth) by deploying them for achieving objectives of resolution, prosperity, fearlessness, and coexistence. Assurance is impossible without right-use, and vice-versa. Assurance and right-use of resources is required for realizing perennial harmony in living. Humankind has a natural-inclination for deploying its resources (body, mind, and wealth) for truthful-motives to realizing its need of awakening.

If there could be any "wise" entity in existence – then that entity would be human-being. Human-being is a combined expression of body and jeevan. Human-body is by genetic-tradition. Jeevan is there in existence as constitutionally-complete atoms – and humankind has no role to play in making them. Human-body is a contribution of humankind's tradition. Purpose and need of combined-expression of human-body and jeevan is for realizing jeevan's awakening. Animal-bodies don't have a provision for jeevan's realizing wisdom. Therefore a human-being is recognized as a sanskar-conforming entity. Except human-being other three orders in existence already realize mutual-complementariness. There's a need for man also to realize complementariness in conduct. Humankind can live in orderliness only by realizing its complementariness. It's impossible to realize orderliness in humankind by individualism or consumerism.

The two ideologies that emerged in human-history - materialism and renunciation-ism - made man individualistic. Materialism living makes man consumerist - and in turn individualist. Renunciation-ism is individualism - by definition. In this way, both these ideologies didn't provide a basis of formation of society - on the contrary these ideologies turned out to be anti-social! While man has natural-inclination for sociality. Man has natural-inclination for living in coexistence. Man has natural-inclination for living in prosperity. It's humankind's responsibility to realize its purposes of resolution, prosperity, and coexistence.

**Wisdom naturally begets responsibility**. Responsibility naturally turns one into sociable-person – since place to identify one's responsibility itself is in familial and societal relationships. Such responsibility is universally applicable – therefore sociality gets realized this way. There is a need for establishing a great humantradition on this basis. Everyone naturally *expects* orderliness. Also, everyone naturally *strives* for orderliness. In my view – orderliness is there in everyone as a *desire* also – though there may be other desires superseding it in priority. Therefore desire for orderliness doesn't become strong-one – resulting into incapacity for the required commitment. Some other desire supersedes it – and one feels helpless. So what's the way out of this situation? First those who are ready to understand (this proposal) – they should be made fully-equipped with wisdom. These people would work on realizing humane-education – thereby extending sanskar to children. With children getting sanskar – there would be positive-changes in homes and families naturally. This essentially is the second plan – i.e. humanization of education.

Entities of Matter-Order, Plant-Order, and Animal-Order are complementary for humankind - while humankind is still in two minds about becoming complementary to other orders. Humankind needs to return its dues. That alone can realize humane-orderliness.

Jeevan-values are – Happiness, Peace, Satisfaction, and Bliss. Human-objectives are – Resolution, Prosperity, Fearlessness, and Coexistence. Human-objectives get realized along with jeevan-values. Conversely - jeevan-values get realized along with human-objectives.

**Resolution** = Happiness. We experience *happiness* in the aspects where we are resolved. The aspects for which we aren't resolved are places of our sorrows.

**Peace** = Living in a family with resolution and prosperity.

**Satisfaction** = Living in orderliness (with all relationships with nature and humankind).

**Bliss** = Realizing wisdom (by making others wise). If we could realize our wisdom this way, the wisdom will keep naturally flowing into human-tradition.

**Jeevan has inexhaustible potentials and powers.** With this inexhaustible potentials and powers of jeevan, we can produce one resolution after another – while jeevan continually stays fulfilled. Jeevan is a potential (or force) in its *natural-state*, and it is a power in its *natural-flow* (or manifestation). Jeevan's activities of *natural-flow* (manifestation) get realized in its mutuality. Jeevan in its *natural-state* experiences those activities of mutuality. Realizing values in our relationships is jeevan's natural-flow (or manifestation). Whether these values resulted in our experiencing fulfillment – gets valuated in jeevan's natural-state. Our logically-analyzing of situations is jeevan's natural-flow (or manifestation). Whether this analysis resulted in our experiencing of *factuality* – gets valuated in jeevan's natural-

state. In the same way - we keep valuating our knowing-ability aspects - of resolution, bodh (existential-knowledge), and existential-experience - also. This valuation has to happen - there's no other way. Fulfillment of these five faculties (of selecting, thinking, desiring, knowing, and experiencing) is the way for perennial happiness, peace, satisfaction, and bliss. Realizing in these five faculties itself is humankind's grandeur - as *self-regulation*.

Self-Regulation alone is realization of human-ness. Living in orderliness is selfregulation. Living in a self-inspired fashion is self-regulation. Its manifestation is as humane-conduct. Realizing meaningfulness in human-relations in family, society, nature, and thereby living in orderliness is expression of human-awakening. Realizing values in our relationships alone leads us to our ability to trust in everactively-present existence. When we don't recognize our relations – it leads to our not living in active-presence and we end up living with memories of past. While past is not an actively-present reality. There's no way for our living with past. Other way is thinking of living in future – that too is not ever-present reality. It's not possible for us to live in future either. In this way - we don't find an anchor for our living, and we keep wandering aimlessly while living. Nobody wants to wander aimlessly. Our wandering aimlessly is because our tradition doesn't give us a definite direction and objective. Every human-being can achieve fulfillment with wisdom. Every humanbeing's conduct can imbibe wisdom - and man can realize his true value. Man has to realize wisdom as that's the only way he can realize his own grandeur. Such grandeur alone can achieve perennial happiness in human-tradition. In this way – man can realize equilibrium in his relationships with other orders in existence. It can realize right-use of other three orders while being grateful for their complementariness towards humankind. In this way, man can live purposefully with wisdom.

Fulfillment of relationship with other humans is realizable only with justice. Justice is – relationship, values, valuation, and mutual-fulfillment. Seeking fulfillment in living is humankind's natural-inclination. Everyone has to realize resolution, prosperity, trust in active-presence (fearlessness) and coexistence by living in orderliness; and thereby achieve his own innate-expectations for fulfillment.

**Existence is ultimate truth**. Existence is there for ever. Existence expresses itself as coexistence. (In other words) Existence is coexistence. Development-Progression and Development-Completion (as jeevan) is exhibited in an atom. Constitutionally-completed atoms are Development-Completed as conscious-entities – and are called jeevan. Constituting-atoms in Development-Progression are continuously active in various forms of physiochemical entities. How many constituting-atoms will turn into jeevans – gets determined with the method of existence, and man has no role in that. Existence is already expressed as four orders – humankind had no role in making that happen. Humankind couldn't realize itself by becoming complementary for rest of the nature – and on the contrary it has kept exploiting it.

How could anyone imagine of realizing his happiness through exploitation of others? - is something worth thinking about. "We have to exploit others for ensuring our survival and success." Every state, every sect, every religion, and most

families carry this belief behind their actions. This belief is the net-outcome of whole humankind's thinking thus far in history. Popular-science too supports that humankind can ensure its existence only through struggle and exploitation. Here "ensuring its existence" means ensuring survival of its sect, race, etc. Struggle means – "Might is right." "Progress is only through struggle" – is a belief here. The country that can war more, can use business-acumen more, and can do more exploitation – is called a "developed country". While (in reality) an awakened-person is more developed – since an awakened-person lives in orderliness, is resolved, is prosperous, trusts his own self, and understands coexistence.

There is a distinction between method of jeevan's knowing itself and its method of knowing existence. We can recognize physiochemical things on the basis of their *utility* through *experimentation* method. Utility-needs are in the form of *commonneeds* and *aspirations*. Common-needs are food, shelter, and conveniences. Human *aspirations* are long-distance-traveling, telephony, and tele-viewing. Most of these aspirations have already been recognized by humankind, and these have been mass-produced also. These got popularized in humankind through method of business with profit-motive.

We identify our specific *utility-needs* with jeevan's logical-analysis activity. After recognizing these *utility-needs* we could produce them and experience prosperity. **Our living in orderliness begins as soon as we experience prosperity.** Therefore first need is for making the students self-reliant, secondly – instilling abilities in them so that they can realize themselves in families, and thirdly – instilling abilities in them for living in orderliness. Realizing oneself in these three situations is the *fortune* for a human-being. A human-being's spontaneous curiosity and need for wisdom is the basis required for his reaping this fortune. If need for accomplishing this (resolution and prosperity) gets established in someone – then he could fully dedicate himself for studying and realizing this proposal. This proposal gets concurrence naturally from every human-being.

I have tried to understand – What is Wisdom? Who understands? And what is the content for understanding? **Jeevan is the entity that understands. Content of understanding is – Jeevan, Existence, and Humane-Conduct.** While understanding existence – we understand *Development-Progression* in existence as physiochemical natural-formation and deformation activities. All *Matter-Order* and *Plant-Order* is actively-present as physiochemical natural-formation and deformation activities. Physiochemical things keep *transforming* from one form to the other. For example – plants and trees naturally transform into soil after some passage of time. This activity is called *Transformation*. This transformation activity is a continuous process in physiochemical substances. In the same fashion, human-bodies and animal-bodies get formed in wombs and after some passage of time these transform into soil, water, and air.

Jeevan - the entity that understands - doesn't undergo any such transformation. Human-being is a combined form of body and jeevan - of which jeevan is the entity that understands. Content of understanding is - as I understood - existence expressed as coexistence. We can live in orderliness in all situations with

coexistence-view. Human-objective is living in orderliness. Living in orderliness itself is *happiness*. Jeevan by being in disorderliness lives in sorrows. Therefore – quest for *resolution* is natural for jeevan, and jeevan keeps on exploring for resolution all the time.

Not just in jeevan – exploration for further-progress keeps happening in every kind of atom naturally. This is the essence of *change* in existence. Everywhere there's a tendency for coexistence. Even sub-atomic particles due to this tendency of coexistence join together to exhibit themselves as parts of an atom. Atoms in turn due to coexistence-tendency – exhibit themselves as part of molecules. Molecules in the same way express themselves into molecule-clumps. In this way, expressions of all infinite planets and stars can be understood by a human-being.

Variety in nature is due to different constitutions of subatomic particles. Variety in natural-formations is due to variety in constituting-atoms composing them. For example – there are many kinds of vegetations. Each kind of vegetation expresses grandeur of its natural-characteristics. Such expression has a definite purpose in existence – and that is its participancy in coexistence orderliness. The elements which compose this plant-form realize their purpose (of coexistence) by doing this composition. In this way – whole coexistence is expressed as an active-presence of every thing that exists.

Human-being is also a part of existence - therefore human-being is inseparable from coexistence. There's no escape for human-being from coexistence. Humankind's miseries are due to its trying to escape coexistence. Every humanbeing desires resolution, and keeps researching for it. Every human-being has natural-right for exploring (studying) orderliness in existence. When a human-being starts living upon studying orderliness in existence – he comes to appreciate his own freedom-of-karma. Objective of this study is for realizing objective of human-living. Objective of human-living is to fulfill human-being's natural-desire of living with happiness. Objective of jeevan is fulfilled with wisdom. Fulfilled jeevan alone is capable of continually achieving human-objectives of resolution, prosperity, fearlessness, and coexistence - as proof of living in orderliness. These four objectives continually stay accomplished for humankind with its living in orderliness. Such human-tradition is also mutually complementary within humankind – thereby meaning of coexistence itself gets realized. Coexistence itself is orderliness. Any attempts of doing different from coexistence lead to disorderliness. Man ends up doing disorderly acts due to his freedom-of-karma and visualization-ability. Its evidence before us is as incessant wounding of Earth. At the time of doing those acts we didn't know what these acts would result into... When we came to know, it became too late. Man is always busy exploring for resolution due to his innate freedom-of-karma and visualization-ability. This exploration can become successful only when it is for orderliness – i.e. for human-objectives of resolution, prosperity, fearless, and coexistence.

#### Wisdom develops following qualities in a human-being:

#### 1. Trust within oneself

- 2. Respect for Good-Qualities
- 3. Equilibrium in Talent and Personality
- 4. Sociality in Behavior
- 5. Self-reliance in occupation

These can be called as *good-qualities*. Sociality of humankind is possible with these good-qualities. Wisdom is about realizing understanding of existence. **Only entity in existence which could be identified as "wise" is – an actively-present humanbeing.** Every entity in existence (due to its being energized in pervasive-element) keeps exploring within for further progress – however, wisdom is only realizable in a human-being.

There are four activities in a human-being - Knowing, Believing, Recognizing, and Conducting. Of these four – the activities of recognizing and conducting are observed in other entities in existence as well (apart from human-being). Each entity recognizes other – that's why it conducts itself in that relationship. A sub-atomic particle also recognizes other - therefore it can stay with it; and both these particles realize orderliness in coexistence. In the same way - from molecules till planets and stars mutual-recognition and conducting is evidenced. In the same way - all matterorder, plant-order, animal-order exhibits proof of mutual-recognition and conducting through method of usefulness and complementariness. Man couldn't find its fulfillment by living only in the purview of recognizing and conducting activities. Human-being's fulfillment is possible only when his recognizing and conducting activities are done in accordance with his knowing and believing. Knowing and Believing is only of meaningfulness of purposes of entities in their mutuality. Sociality in humankind is possible only upon its *knowing* and *believing* in purposes of relationships in existence. Humankind's biggest poverty is that it has the provision and opportunity of *knowing* and *believing* – and still it couldn't realize these. This way - man stays poor himself and makes others poor also. Humankind has caused Earth's present depleted-condition due to this very bankruptcy. Therefore the aspects of *knowing* and *believing* need to be sharpened in humankind. Everyone has this possibility of achieving this incisiveness. Need for incisiveness in knowing and believing is there in everyone naturally. Jeevan-Vidya is about human-being's realizing the wisdom of knowing and believing in existence, and making it naturally-flow into human-tradition.

Activities of jeevan are seen as five faculties. Each of these five parts is as two activities – as *natural-state* and as *natural-flow*. For example, every **jeevan exhibits faculty of** *expecting* – **as** *selection-activity* **and** *tasting-activity*. Our selecting anything for wanting to taste, is jeevan's *selection-activity*. *Tasting* itself is an activity – and the entity (of jeevan) which carries out these activities (of selection and tasting) is called *mun*. Humankind has done ample researches and hypothecations for fulfilling its *tasting-activity*. It ended up accumulating whole lot of things also based on these hypotheses, and is still busy in doing more of it. Thus far - the objective of these efforts was seeking *comforts* and *hoarding*. (Our helplessness in continuously seeking comforts and hoarding is due to our inability in *knowing* and *believing* their real purpose. Humankind didn't achieve a point of fulfillment for seeking objects of comforts and hoarding. While (in reality) there's a practical purpose of these objects.

These objects are meant for fulfilling our needs of *utility*. Utility objects are for *common-needs* or *aspiration*. Objects of *common-needs* are for fulfilling body's needs of food, shelter, and conveniences (tools). Objects of *aspiration* – for long-distance traveling, tele-phony, and tele-viewing – are meant for addressing the needs of *societal-progress*. Despite having accomplished all these objects humankind couldn't achieve fulfillment for jeevan's *tasting-activity*. That's a matter of huge irony.

Jeevan exhibits thinking as logical-analysis-activity and evaluation-activity. Jeevan carries out logical-analysis based on its abilities. All logical-analyses ultimately are for recognizing objectives. Human-objectives in reality are realizing by living of resolution, prosperity, fearlessness, and coexistence. In the absence of recognizing these objectives – humankind ends up chasing consumption and overconsumption, which couldn't provide a definite anchor for humane-living.

Scientific-thought has concluded that humankind will parish and Earth will get destroyed after some time. This is bound to happen if we continue adhering to ways of popular-science. While in reality - humankind emerged only after Earth enriched itself fully for its living. Earth gradually readied the required environment for humankind to realize its awakening. Humankind - instead - chose the path of consumption and over-consumption. This led to its endless pursuit of comforts and hoarding. Earth doesn't have enough material to fulfill everyone's lust for comforts and hoarding. Therefore this lust would eventually lead to humankind's downfall. All efforts for comforts and hoarding need to be aligned for human-objectives. If we do this - their rightful-purpose emerges as nourishment & protection of body, and societal-progress. Societal-progress in turn leads to humankind's participancy in undivided-society and universal-orderliness. Such living is living with happiness. With this method - Jeevan's objective is to realize its awakening in existence. Every human-being naturally concurs for living in orderliness - that's the basis or key for Jeevan-Vidya proposal's success. Orderliness requires recognition of values, valuation, and mutual-fulfillment in place of fear and greed. And that requires wisdom.

# Composition of Jeevan

Jeevan is composed of five inseparable entities (or faculties) as Mun, Vritti, Chitta, Buddhi, and Atma.

**Mun** (faculty of *expecting*) expresses itself as *selection-activity* and *tasting-activity*.

**Vritti** (faculty of *thinking*) expresses itself as *logical-analysis activity* and *evaluation-activity*.

**Chitta** (faculty of *desiring*) expresses itself as *visualization-activity* and *resolution-activity*.

**Buddhi** (faculty of *knowing existence*) expresses itself as *truth's-conviction activity* and *bodh-activity*.

**Atma** (faculty of *experiencing existence*) expresses itself as *truth's-authenticity activity* and *existential-experience-activity*.

Every jeevan continuously keeps working as these ten activities - exhibiting either *illusion* or *awakening*. Its only four and a half activities of *sensual-ability* are operational in purview of living in illusion. The remaining five and a half activities of *knowing-ability* stay dormant in the absence of *wisdom* – which manifests as conflict in living.

Four and a half activities of jeevan's sensual-ability are: selection, tasting, logical-analysis, visualization, and partial evaluation. Jeevan's selection and tasting activities (while in illusion) manifest as selecting what's conducive to sensual-organs and leaving out things which aren't conducive. Jeevan's evaluation-activity also operates with views of pleasurable, conduciveness, and profitability – while in illusion. Logical-analysis and visualization activities also happen within the purview of senses – while in illusion. In summary – while living in illusion, a human-being believes his aliveness to be in sensual-organs itself and lives accordingly. Such living keeps encountering conflict in the form of struggle for making definite decisions for right and wrong.

Humankind's mentality today is no different from what it used to be in ancient-times. We need to awaken our remaining five and a half activities of knowing-ability for realizing humane-mentality. **Activities of knowing-ability can be awakened with wisdom.** 

Four and a half activities of sensual-ability are sufficient to carry out *recognizing* and *conducting* in accordance with sensual-organs. It is living like animals. Humaneliving is not possible with four and a half activities. Living like animals is not naturally-acceptable or fulfilling for humankind. Sensual-abilities based living is only part-realization of jeevan. Part-realization of jeevan is neither awakening, nor its

fulfillment. Awakening and fulfillment of jeevan is realizing of all its ten activities in behavior. All five sensual-organs and five working-organs need to work in congruence for a healthy-body. In the same way, all ten activities of jeevan need to work in congruence for jeevan's harmony – as expression of awakening.

Awakening and fulfillment of jeevan is not possible till we connect our activities of *knowing* and *believing* with activities of *recognizing* and *conducting*. We could realize four and a half activities on the basis of *recognizing* and *conducting* of sensations. Basis of *awakening* of humankind is realizing the remaining five and half activities of knowing-ability in behavior. This would be possible only with the method of *knowing* and *believing*. Apart from humankind – rest of the nature (matter-order, plant-order, and animal-order) is in orderliness by carrying out only *recognizing* and *conducting* activities. Humankind needs *knowing* and *believing* along with *recognizing* and *conducting* – in order to live in orderliness.

Ultimate of living with sensual-ability gets realized in animal-order. If ultimate of existence had been only living within sensual-abilities – then there wouldn't have been any purpose for humankind to emerge in existence. Nothing is purposeless in existence. **Existence is a harmonious orderliness in completeness.** Every natural-flow, every expression, every status in existence – is connected with purposefulness. Purposefulness is being in orderliness and participating in universal-orderliness.

Jeevan's awakening is when our activities of bodh (existential-knowledge) and truth's-conviction become existential-experience-centric. Jeevan's resolution and visualization activities also get carried out in existential-experience centric manner. In the same way existential-experience becomes effective for our evaluation, logical-analysis, selection, and tasting activities as well. We unknowingly believe sensual-abilities to be most valuable, and all plans of our living are made with respect to senses. With awakening our basis of planning becomes values and valuation. Living with values and valuation is the expression of awakening in work and behavior.

Humankind has fully developed its ways of living with the method of sensual-abilities. This method considers all objects of nature – such as animals, vegetation, and material-world - apart from human-being as needs of living. We are well-aware how humankind ruthlessly exploited these. What techniques humankind used for achieving "victories over nature" – we are well-aware. Every such victory here is associated with another's defeat – therefore leading to imbalance or discord. Whatever we have done for our hoarding and comforts has led to Earth's imbalance. There's now a question-mark whether earth itself will stay integrated or not. To save earth – the crimes on Earth will have to stop, and we will have to understand the method of crime-less living. Today's scientific-education is incapable of achieving it. On the contrary – scientific-education is leading humankind on a path of destruction by training students for earth's destruction and conflicts within humankind.

United Nations Organization (UNO) was constituted, and it has conducted many conventions – but still it's unable to decide whether warring powers should be with

UNO, or with individual nations, or wars should be abolished completely. In the same way, every year there are four conventions for rethinking on education – but still we haven't reached to a conclusion on what is right-education for humankind?

Every human-child wants to do right from childhood itself. Every child naturally desires justice. Every child speaks truth naturally. As the child grows up, it learns to lie – as it's impossible to live without lying in the environment that we have built. There are lies all over in business. State-power is seeped in lies. Education doesn't have content for truth. Where would man go in such situation? In this way, eventually man gives in to circumstances and begins conducting himself in some routine. Humankind couldn't achieve any of its objectives (resolution, prosperity, fearlessness, and coexistence) – nor is it possible to achieve them this way. There are huge projects in big organizations – but still we couldn't free ourselves from this deadlock.

Need for getting out of this deadlock is definitely there in humankind. But it would only be possible with only one way – and that is by way of humane-conduct through values and valuation. We don't need to build some laboratory for this, nor do we need to rage any wars. It's already there in existence. *Knowing* and *believing* in realities is needed for understanding *purposes* of relations – then *recognizing* and *conducting* comes naturally to us. Directionless wandering is inevitable without *knowing* and *believing* in realities of existence. For example – we couldn't *know* and *believe* the purpose of Earth and ecological-equilibrium, and such living led to present ecological-disaster. It therefore needs to be understood properly – how humankind should live for human-race's continuity on this planet. This proposal of Jeevan Vidya is for meeting that purpose.

Living in the purview of sensual-ability became the cause of illusion for humankind. Such living didn't lead to humankind's fulfillment. **Only an unfulfilled person commits crimes.** The whole task therefore is to being about change from unfulfilled humankind to fulfilled humankind. Another word for this is "awakening". Fulfillment can come about only with wisdom. Wisdom is the perennial source of fulfillment for humankind. Jeevan is immortal – therefore when wisdom gets realized in a jeevan as fulfillment, it continues to be forever. Therefore – **wisdom is a natural-right of every human-being**. Anyone can study this – so I think. Human-race is capable of shaping its future.

Nature's (matter-order and plant-order) orderliness is cyclical as – food becomes food for itself. Respiring-cells (of plant-order) turn into soil upon decaying – which becomes fertilizer for the plants and vegetation. This enhances fertility of soil and becomes food for plants – and more respiring-cells get formed. Humankind emerged on earth – only after earth had got established with all required fertility. Humankind began ruthless deforestation from its very emergence. This process of deforestation kept gaining momentum – and with age of popular-science exploitation of minerals also got started. With disproportionate exploitation of vegetation and minerals – nature's natural source of fertility started waning. Scientists think they do welfare by making chemical-fertilizers. My view in this matter is – Earth can be saved only with nature's own cyclical orderliness. Rivers naturally carry the material unnecessary for

surface of earth to oceans. Dense forests and vegetations are needed on earth's surface for its equilibrium. Use of chemical-fertilizers to address declining fertility of soil is a vain attempt of trying to cover one mistake by another. Chemical-fertilizers are not a resolution for improving land's fertility.

A problem can't be covered up by bringing in a bigger problem. It's not a complaint or condemnation. It's a plain account of events along with a proposal for rethinking. The proposal – in essence – is to realize the ten activities of jeevan in human-tradition. Realizing wisdom is necessary for jeevan's all ten-activities to become operational. This is essentially – knowing, believing, recognizing, and conducting. Point of fulfillment of knowing and believing is called awakening – or existential-experience. Therefore we can lead purposeful lives by living with existential-experience-centric method.

This proposal has no place for priest-ism. It's free from any claims of there being one savior for whole humankind. Everyone can achieve salvation by achieving wisdom. The holy-books of the world are replete with assurances of salvation – but there's no living proof of those assurances. What doesn't come into tradition – has no proof. What one person had achieved or lost ages back – how could anyone testify? A way of getting resolved from illusion would definitely flow into tradition naturally. It can also be seen this way – whatever crimes and mistakes man does, it doesn't naturally flow into human-tradition. Only wisdom for humane way of living by a human-being can naturally flow in human tradition. Tradition of wisdom can be established with method of education. Way of humane-living can be established with method of family, society, and orderliness. I also found my way of living on the basis of this wisdom. Way of living based on wisdom leads to humane-orderliness.

**Sociality in humankind is impossible without its first realizing justice.** Man without justice ends up in making a sect which can never be free from conflict. Any sect is bound to have conflict, revolt, exploitation, struggle, and eventually war. How could man be considered social with these? If struggle among sects is to be considered acceptable – then it should also be acceptable to have every individual to war, kill, etc. Why do you put restrictions on individuals for warring, killing, etc – while accept these activities as legal when it's done at the level of state? There's a rethinking required on this subject.

If we internalize the message here – we come to the conclusion that *whatever* we did thus far in history is inadequate, therefore rethinking has become necessary. Thinking comes naturally to a human-being. Everyone can think, and can explore on this. The exploration should lead to fulfillment of self, and becoming a source of fulfillment for others too.

**Now, how do we begin from here?** First step is to achieve wisdom. Thereafter accept way of living in accordance with wisdom. One dimension of way of living is – how we should live with Earth? How we should live with animal-world? And how we should live with other humans? It's impossible to leave out anything; we have to live with everything and everyone. Everyone can experience and valuate this.

Everyone claims wisdom. Everyone has a natural-inclination for claiming that he is wise (or he knows). It's not an imposition. It's natural self-expression of each and every human-being. It's a natural need of every human-being – to claim that he knows. This is an innate-source in every human-being – which makes him claim that he knows. Despite this, how could anyone imagine that he would be the savior for all? It's surprising that all of us put our faith into these kinds of assurances! Now we need to think and decide where we want to put our faith – on assurances, or on the basis of proofs. From the beginning my inclination was to put faith on the basis of proofs. Therefore on achieving this wisdom my enthusiasm increased naturally. I had gone about for sadhana only for seeking proofs – and whatever results came, I am presenting them before you. The way today whole human population of 7 billion is facing a dead-end, my situation would perhaps have been the same. You can imagine this. My situation was no different from any other. I have also gone past the prevalent dictates of education, religions, systems etc. Thereafter I could neither accept education nor the traditional-dictates. I just couldn't put my faith into these. This formed the basis for my going for search for completeness. I couldn't put my faith in prevalent education and sanskar traditions - which perhaps caused emptiness in me and I went about looking for my own path.

Jeevan imbibes wisdom and I found the method for achieving wisdom. We live with four and a half activities of sensual-abilities on the basis of beliefs and faith.

Faith = believing without knowing. Trust = believing with knowing. Ten activities of jeevan are realized by living with trust. I realize the ten activities of jeevan, and so can you. Coexistence has to be realized. Atoms, molecules are in orderliness by recognizing each other. These planets, stars, vegetations, matter are all in orderliness by realizing coexistence. All entities in existence are energized in coexistence itself. Energized nature is a marvelous expression of coexistence. All subatomic particles, atoms, molecules are inclined for orderliness. It's an inspiration for humankind also – to get into orderliness. I estimate – every scientist and every religious-scholar needs mentality of coexistence. We can realize human-ness only with mentality of coexistence. Humankind's grandeur can't arise before realizing human-ness.

The forests, hills, minerals, animals – they have all realized their grandeur before us. All these are prosperous with method of coexistence. In the absence of coexistence none of these would have been protected. In essence – each and every entity (units) is protected, naturally-controlled, and energized being saturated in pervasive-element. Entities that express their activities as respiring-cells, work within their expanse-limits (shape, area, and volume). These too exhibit grandeur of coexistence. A definite natural-formation is realized due to coexistence between respiring-cells. A natural-formation-method is innate to the respiring-threads in respiring-cells. Respiring-threads continuously keep exploring further improvement in their natural-formation-method – which gets manifested as various natural-formations. Various natural-formations of respiring-cells are evidences of the exploration that continuously keeps happening in them.

Source of exploration in humankind is its *imagining-ability* and *freedom-of-karma*. Jeevan's faculties of *thinking*, *desiring*, and *conviction* are continuously busy exploring and experimenting for their further qualitative-progress. This eagerness itself culminates into jeevan's realizing living with ten activities. **Essence of realizing ten-activities is achieving existential-experience and ability to live with existential-experience centric method. Resource for living in existential-experience centric manner is already there – as jeevan. Jeevan naturally** *wants* **existential-experience. Human-being naturally** *wants* **to become wise. Everyone** *believes* **himself to be wise, experienced, judicious, and resolved. We have relations all around us in existence; recognizing these relations and conducting accordingly is the proof of our knowing justice.** 

**Man is free – to become wise or stay unwise.** If he wants to become wise, existence has provision and circumstances for that all the time. Everything required for becoming wise is there in existence – and everything for not wanting to become wise is also there, but results are different for both options. Un-wisdom will not result into happiness or harmony. I myself never wanted to live in constraints of others, live like a burden on others, and live while fighting with others. In the same way, you also wouldn't want to live in constraints, live like a burden on others, and live while fighting with others. Every individual wants to achieve wisdom – sooner or later.

We are related in existence in all directions, our not recognizing these relationships is the problem. Jeevan-values start flowing naturally from the very moment we start recognizing our relations. The moment we recognize relations values start flowing automatically – which starts manifesting in our conduct spontaneously. Mutual-fulfillment happens as outcome of our doing valuation, and thereby justice gets realized. Relations are recognized based on their purpose. For example – relationship of 'mother' is recognized based on the purpose of nourishment. 'Father' relationship is source of protection. Source of truth's-authenticity is relationship of 'Guru'. Source of curiosity for wisdom is relationship of 'disciple'.

All my presentation is contrary to what's popular in tradition today which proclaims that we live mechanically, and we need to be proficient for living mechanically. Is man a machine? Can anyone answer this question? **I say – Man is not a machine**. Man is maker of all machines. All machines which got made thus far were made by man. Therefore it is impossible for a machine to become at par with man. Machine is always less than man – therefore machine cannot study man. Secondly, all machines are made of physiochemical-nature. All machines made thus far are from entities of matter-order. Humankind couldn't make any machine out of entities of plant-order. Making a machine of man is too far-fetched! They haven't made a single machine out of respiring-cells – and still they boast that man is a machine!! How far would this be good for humankind? How deeply is it established in humankind's psyche that man is a machine and a consumer-entity? That's the reach of thinking thus far – though it is not the reality. When anyone lives with his child, he can't accept himself to be a machine.

I could recognize a human-being (as distinct from animals) when a human is equipped with *human-consciousness*. Human-consciousness is a combined form of sensual-ability and knowing-ability. Man is no different from a machine without recognizing sensations. Such mechanical living couldn't realize fulfillment for humankind. There's no way for us to achieve fulfillment by living mechanically. (At least) I didn't find any such way. I invite any Guru who teaches path for fulfillment by living mechanically. I have listened to experts of genetics but they too failed in explaining. In the same way, materialists and relativism experts have also failed in *defining* a human-being through their theories. If it's possible to logically-analyze a human-being with these three theories then we should definitely accept it. Otherwise, a human-being should be recognized as a human-being. This proposal (of Jeevan Vidya) is for recognizing a human-being as a human-being.

Prior to scientific-thought, theism and spiritualism represented God as the savior. I have known God as pervasive-element in which every entity of nature is energized. I have understood each unit of nature is in coexistence with pervasive-element. What's more left for knowing about God? I have presented what I have seen or understood before you. If there's anything more to be understood, you are free to find out and explain to the world.

Humankind's fulfillment couldn't be realized through method of sensitivity (or by considering itself as a machine). We bring knowledge from sensual-organs to forefront with method of sensitivity. This can not result in equality in capabilities and expectations between two individuals. In this way humankind gets segmented into choices of tastes, and it leads to individualism with respect to tastes. Secondly, consumerism by definition is individualistic – which has been amply experimented. Third method (for seeking fulfillment) which our ancestors told is of devotion-ism and renunciation-ism (by denying or curbing sensitivities) – this too isn't devoid of individualism. In this way, Individualism led to failure of humankind's tremendous endeavors for seeking fulfillment. Individualism contradicts **coexistence**. Individualism is the basis for divisions in humankind. While man can't live alone, its living is always in coexistence. Recognizing coexistence among human-beings is an easy way out for living in coexistence. We can live in orderliness upon recognizing this. For participancy in larger orderliness further study will be required. We can live with plant and animal-world also in coexistence-way. If we take something from plant-world, we should give something back as well. It would be selfish if we only take, and not give anything in return.

Selfish-living leads to conflicts and sorrows. Whatever untoward events are happening in present world are results of humankind's selfish-living. We need to determine our way of living with plant-world for living in coexistence. Our inability to determine our coexistence with these only demonstrates our lack of wisdom, rationale, and natural-science. How/where will we live without wisdom, rationale, and natural-science? How would we live without plant-world? How would humankind live without earth, hills, minerals, and animal-world? We have to live with these. These are treasures for our living with them. Their being has to be. It's humankind that needs to arrive at this decision (for living in coexistence). Plant-world, matter-world, and animal-world already lives in coexistence with humankind. Humankind's

inability to arrive at decision for living in coexistence has been due to its illusion, which has resulted in its sorrows and conflicts. Now there's a need to turn a new leaf over. There's a need for humankind's awakening. There's a need to cognate coexistence with everything.

**Method of recognizing coexistence** is to understand that every thing is in pervasive-element – and that's the first evidence of coexistence. Plant-order emerged from Matter-order itself – and it got established, and is a continuity of its grandeur. Animal-order is also evident as orderliness with its being-ness as definite-conduct. How can man understand his being-ness (definite conduct) and how can man understand his 'self'. 'Self' has to remain, and 'definitiveness in conduct' as beingness also has to remain – is the fundamental issue which jeevan-vidya addresses.

Jeevan Vidya leads to wisdom of 'self' and 'conduct'. I recognize jeevan as 'self' and so can you. We stay in illusion as long as we keep considering body as 'self'. The moment I recognize jeevan as my 'self' - I begin living in orderliness. You will also be able to live this way. Our living in orderliness can't happen before recognizing jeevan as our 'self'. It's such a natural and complete method! Jeevan is the thing that understands, and jeevan itself is the thing to be understood (and recognized). Spiritualism proclaims - "salvation happens when 'what gets seen', 'the one who sees', and 'what is' become one". According to them – it's God that gets seen, it's God who sees, and it's God that is. Whole lot of literature has been produced (by theism and spiritualism ideologists) on this basis. From all this literature - it couldn't be precisely understood how God is, where God is, why God is? Still people keep entertaining God-centric talks – since they feel good while talking about God. Distance between what-feels-good, and what-is-good remains intact though. Scientific-thought began describing man as a machine, and that too couldn't succeed. Still it kept on describing in the same vein. It's much in the same way as theism couldn't precisely describe God, still kept on describing about God.

We have got stuck this way, and aren't able to think beyond these patterns (of materialism and spiritualism). Only way out of this deadlock is to understand immortality and continuity of jeevan. Body is mortal – and it gets changed repeatedly. Body is formed in a womb. Atom achieves its constitution-completion as jeevan by method innate to existence. Body repeatedly gets formed (into birth) and decays (into death). Body is a physiochemical natural-formation of plant-order and it stays on till a duration limit, and thereafter it decays. The extent to which brain could get enriched in a body-formation got realized in human-body formation. On this basis, I testify that a human-being can communicate wisdom of whole existence to another. There's no purpose or need for further development of brain. Human-body is the ultimate natural-formation which got realized on earth through process of continuous-refinement in natural-formation-method in respiring-threads. If there's any further scope of improvement left – that too will happen through this method. What do we need to do during our bodily-journeys – is the moot point. The answer is – we need to realize jeevan's awakening.

Sensations couldn't be hidden away through *any* method – neither with methods of popular-science, nor with methods of spiritualism. Spiritualism prescribes

numerous austerities for curbing sensations. Many people carried out the most arduous austerities – still a definite wisdom which humankind has been thirsting for couldn't be realized in a practicable manner in human-tradition. Now what did these ascetics found or lost – only they will testify. Common folk kept tailing behind these ascetics expecting some miracles or extraordinary-feats from them. While I am telling – There're no miracles or extraordinary-feats in existence. There's a definite orderliness in existence, definite outcomes, definite accomplishments, definite milestones – and there's continuity for these. I have seen it, understood it, and known it. Humankind has forever been expecting for this accomplishment of wisdom. A definite-method only can lead to a definite-accomplishment.

We can't achieve human-objectives by leaving aside study of human-being, and studying a cockroach instead! Nor can we accomplish human-objectives by exploiting visualization-abilities in human-beings for profit. This exploitation of humankind's visualization-abilities for profit is being termed – "Intellectual Property Right". World's highest institutions and courts of justice are accepting legality of this scheme. Jeevan has inexhaustible powers – and where do you plan to use them? How do you plan to use jeevan's inexhaustible powers like consumable items – can anyone answer? Has this proposal of intellectual property right been put forward after understanding jeevan? How far would it be beneficial for humankind? I have experienced that jeevan's powers can't diminish how so much we may use them. You can experience this truth yourself - and so can millions and millions. Jeevan's powers become still fresher and more refined by their use. Jeevan's powers don't exhaust – how so much we may use them. You can't quantify the powers of Jeevan. It will only lead to frustration if you go about quantifying jeevan's powers. It's an example of how we trade our intellect, and become slaves, and lay foundations of exploitation. In my view - Intellectual Property Right system contradicts human-ness, and it contradicts coexistence principle. Using intellect for exploitation, conflicts and revolts, trading of intellect - would it ever lead to a just society? Can it ever work out? In my view – it's a huge lie. It's impossible to quantify intellect – and intellect of every human-being is inexhaustible. All the literature that I have written – I find myself to be bigger than all of them. Any human is bigger than any book ever written. Every book is written by some human, therefore human is bigger than any book ever produced. Unless we come to an agreement about this point – we can't perhaps use our reason.

After all this description – you can yourself choose and accept what is right. Ultimate conclusion is that we need to become wise. And there's no pain in becoming wise. All pain is there in use of un-wisdom. This earth is one indivisible entity. And we view it as divided into many pieces as nation-states. Not just that we deploy armies on all borders of every piece – and we fight at our whims. While earth can't be divided – if it ever got divided no-one will survive. So is it right for us to believe that Earth is in pieces? It's something to think about. It's an illustration of how we have got seeped in lies. Another illustration is – our thinking of humankind to be divided into skin-colours and races, the way it is there in animals. What's the wisdom here? Valuation of a human-being is based on his wisdom – and not on the basis of skin-colour or race. It came up in history as conflicts against slavery, and then feudalism. Humankind has largely transitioned from feudalism to democracy – still it couldn't

achieve the required wisdom for orderliness based on sociality or humanism. The root of lies is in our believing that we have achieved "something" (through whatever efforts humankind did since its beginning)! While all that we achieved till now is – material objects for comfort. Conflicts, revolts, exploitation, and wars still go on. So where else are the sources of lies? One more illustration is in law-frameworks of nation-states – which are built around the idea of centralization of authority. Centralization of authority essentially is about trying to stop one mistake by making another mistake, trying to stop one crime by committing another crime, and trying to stop one war by raging another war. Law-frameworks of some countries also accept duty of the nation-state to ensure minimum level of comforts for all. Where the underlying thought is that whoever now has more money or power will live on, and survive.

"We can only live by struggling." "We can preserve our existence only by struggling." – so they declare. What's the truth in these declarations? Root of all lies is there in these declarations. All families, businesses, and education-systems are buried under this very bundle of lies. Some try escaping from these systems, while others keep struggling in them. Therefore - I wish a change in education.

Now we are determined for realizing the ten activities of jeevan. Every human already accepts his being alive. Every human, without any outward pressure, says – that I am alive. But what's this *aliveness*? What's the *purpose* of this aliveness? Who studies this aliveness? I have understood the ten activities of jeevan, and I have seen them manifested in my living. These ten activities have been realized in me. Let's first familiarize ourselves with their names.

- 1. **Atma**: I understood this part of jeevan as its nucleus. It's ever active as nucleus of a constitutionally-complete atom. Remaining activities of jeevan are carried out as its first, second, third, and fourth orbits. The nucleus has only two activities as *existential-experience* and *truth's-authenticity*.
- 2. **Buddhi**: It's the first orbit as activities of *existential-knowledge* and *truth*'s-conviction.
- 3. **Chitta**: It's the second orbit as activities of *resolution* and *visualization*.
- 4. **Vritti**: It's the third orbit as activities of evaluation and logical-analysis.
- 5. **Mun**: It's the fourth orbit as activities of selection and tasting.

Humankind could realize only four and a half activities of jeevan. Evaluation-activity of jeevan could either be with views of pleasurable, conduciveness, and profitability – or it could be with views of justice, dharma (resolution), and truth. Views of pleasurable, conduciveness, and profitability are rooted in one's sensual-abilities. Sensual-abilities are rooted in sensual-organs of body. While the reality is - jeevan enlivens the sensual-organs. **Root of illusion is in believing source of aliveness to be body**. If we believe source of aliveness to be body – then our conduct gets governed in accordance to body. This is at the root of all incorrect-beliefs. All beliefs built around this root are incorrect – there's no knowledge in them. What should be there in its place? We need to believe body to be body (a physiochemical natural-formation), and source of aliveness to be jeevan (a constitutionally-complete atom). Jeevan and body need to valuated based on their respective purposes. If such

valuation becomes possible – our living with knowing-ability becomes possible. Our living in orderliness becomes possible. If these are not valuated – then disorderliness is inevitable. Jeevan needs to be valuated against its purpose, and body needs to be valuated against its utility – for a human-being's living in orderliness. Utility of body is for jeevan's realizing itself in human-tradition. Man didn't make the design of human-body. A child's body is formed in womb – and when a baby is born it's already alive. When baby comes out of womb we start incorrectly believing that its source of aliveness is its body itself. After a few days the baby also starts believing in the same way. In this way, the whole human-tradition is stuck in this incorrect-belief. Guardians and parents will need to understand the reality to come out of this trap.

When a baby's body is formed in womb, a jeevan starts enlivening it. Jeevans are there in nature as constitutionally-complete atoms. A jeevan starts driving baby's body in fourth or fifth month of pregnancy. In this way – union of body and jeevan takes place while still in womb. Body is not the source of its aliveness. We can understand this reality as follows. No part or component of our body awaits or expects justice, dharma, or truth – but still we keep awaiting and expecting justice, dharma, and truth from everyone. Fulfilling these expectations itself is realizing the ten activities of jeevan. Jeevan needs to be there for body to be alive.

Jeevan spontaneously starts conducting its *selection* and *tasting* activities from infanthood itself. Of the logical-analysis and evaluation activities – the logicalanalysis activity is active, though evaluation-activity takes place with views of pleasurable, conduciveness, and profitability. Activities of visualization in Chitta also Humankind could obtain all objects of utility – as common-needs start happening. and aspirations – through jeevan's activity of visualization. Despite accomplishing all these objects of utility – humankind couldn't achieve orderliness. We kept incorrectly thinking that these accomplishments are out of wisdom and human-ness. We kept incorrectly thinking that these accomplishments are of human-rights. We kept incorrectly thinking that these accomplishments are out of exploitation and struggle. It's both amusing and sad when I hear these statements. How could anyone believe that we have found all that was to be found for humankind? How could anyone believe that study of human-being has been accomplished? Rethinking is required here. Whatever they teach in schools as biology is limited to body's composition and its systems – while they claim that we study human-being. By cutting the body, counting the muscles and bones - could a human-being ever be studied? How could even studying the eyes, ears, and body of an alive human - ever yield the study of human-being? In this way, tradition loads every human-being with a huge-bundle of lies. Study of human-being couldn't happen till now – while they boast of having done the study of human-being! Study of existence couldn't happen till now – while they boast that they would rule it! In this way – whole human-tradition has got buried under this bundle of lies. Now there are only two alternatives - either come out of this, or die under this.

Prevalent education teaches – "destiny will balance itself eventually." After excesses by humankind cross a threshold – nature itself will create a situation that human-race itself gets wiped off from earth. We already hear the noise about environment

conditions. Now they are thinking how many people will survive and how many will parish. Some countries are thinking of ways of saving their country somehow. Some religions think that their followers should survive somehow. These religions take name of one savior – who's the only one who can save. Followers of that religion would survive, and remaining will parish – is the underlying thinking. Where is this line of thinking taking us? My view on this subject is – all religions, all nation-states, and all education-systems have lost their direction in a big way. Seats of religion don't have the wisdom to describe universality of dharma. If dharma is not there in education, its proof is not there in tradition. How could dharma (resolution) be brought about in humankind – without taking it to education?

In the same way – seats of nation-states don't have any hypotheses of orderliness. "We will work for saving the state." - they declare. What will you do? "We will struggle!" - they reply. Struggle's basic-material is conflict, revolt, exploitation, and war. Who makes this material? The answer to this is - man makes such material when in illusion. Two most powerful institutions are - seat of religion, and seat of state. All powers and all resources are controlled by these two institutions. And how intellectually-bankrupt these institutions have become? There's no need to talk of intellect in seat of business! Seat of business is forever and by declaration ready for exploitation. When seats of education were asked – we find that they don't have any provision for guiding, and recognizing human-objectives. Now - what should a common-man do in this situation? None of these four seats (religion, state, business, and education) have any provision for showing the right-way. Therefore courage would be in searching and making a new way. That new way will be of wisdom, honesty, responsibility, and participancy. Struggle and violence will not lead to accomplishment of human-objectives. Struggle and violence cannot fulfill real human-needs. Still prevalent traditions accept struggle and violence as valid methods. Isn't this itself a very big illusion? Achieving wisdom is the only way out now.

**Wisdom can be tested within self.** You can't become wise by testing me. You will become wise upon testing yourself. I kept testing the world for 30 years in vain – and couldn't myself achieve any wisdom by all that. Thereafter I put 20 years of efforts and tested myself – it's only then that I accomplished a definite-wisdom. Whatever wisdom I accomplished through my efforts – this is an attempt to offer it to humankind through method of education.

Now it must have got indicated to you that message here is - **coexistence is the ultimate truth.** Living in coexistence is our ultimate dharma. If this is understood – then all wisdom is available for understanding its every detail. It's very simple – actually. In my view – living truthfully is easier and simpler than living with lies. I have seen it by living it. My living was full of miseries when I was surrounded with problems. Now when I achieved resolution and became free from all questions – my living became simple. If you also concur with this – then it will only enhance my trust in this wisdom. Some of my acquaintances tested by living this way – and if you want then you can also test it. Testing begins with resolution-activity in jeevan about justice. Have we understood relations? Do we realize our relations? Are we able to valuate the values innate in those relations? These are the things to test. As

we start testing this – we discover that there's no way of achieving definitiveness with views of pleasurable, conduciveness, and profitability. What's pleasurable to me may not be pleasurable to you. What's conducive to me – may not be conducive to you. Profit that satisfied you – it may not be good-enough for me. Whole humankind is stuck in this trap. Pleasurable, conduciveness, and profitability can't form the foundation of equality. What should we do to come out of this trap? We should do evaluation with views of justice, resolution, and truth – instead of doing it with views of pleasurable, conduciveness, and profitability. Resolution leads to evaluation-activity with justice. We understand justice only upon recognizing our relations. Values are realized upon recognition of relationship, which upon valuation manifests as mutual-fulfillment. Justice is only when it can lead to fulfillment of both sides of relation in a balanced manner. If both sides are not fulfilled – then it's not justice.

I have been asked – what should we do with criminals with this view? What if one side of the relation is actually committing crime, or making a mistake? The answer to this is – one makes a crime or mistake because we don't make him wise. Why is your thinking crime-centered and mistake-centered? Why don't you center your thinking on rightful-person in this matter? There are many people, who don't commit crimes – and we don't have any problems with them. We valuate our relationship and find mutual-fulfillment. How can this be forgotten? I am myself a proof before you as rightful-proof. The question is – do *you* need this or not? I think everyone has been awaiting for this very wisdom. The only difference between you and me is that I have taken one extra step due to my pain. I have achieved this wisdom – and I am able to testify it. In the same way, whole humankind will be able to testify upon achieving wisdom. Where will they acquire wisdom from? The answer is – from educational institutions. And what is an educational-institution? An educational-institution is a joint-expression of guardians and parents.

Education is for realizing wisdom - i.e. existential-knowledge. Task of education can't be carried out without acquiring wisdom, or achieving existential-knowledge. Educational-institutions – and in turn every guardian – are responsible for education. A family is the basic unit of education. Therefore – there's no use of unification, privatization, or nationalization of education. Nor have these exercises have been of any use in past. A guardian should directly be seen as an educational institution. That alone is the way for humankind's salvation. That's the shape of education which emerges with wisdom. We will need to achieve perfection in wisdom. We will have to realize wisdom in ourselves. We will be able to do justice only upon achieving these two. Without wisdom we can't do justice. When it's not possible to find judges in courts of justice who understand justice - what could be said of the common-folk? Justice is the minimum requirement for living. It manifests as humane-conduct. Justice is not possible without humane-conduct. We have done enough with the views of pleasurable, conduciveness, and profitability. We have done ample production of needs of body - as common-needs and aspirations. Apart from these there are some things like making bombs, missiles etc - which are not of utility for humankind. These activities are meaningless and only cause destruction. It is established through logic – and also from the past incidents.

Man is able to right-use his resources (body, mind, and wealth) by method of actuality, method of logic, and method of behavior. We achieve happiness (resolution) with method of actuality. Our achieving happiness (resolution) establishes us in behavior. Thereafter we naturally go about realizing it in our behavior. Realizing in behavior itself is method of logic. Since whatever we talk, read, write (for communication in behavior) – it is on the basis of logic. In this way – logic touches actuality. When logic touches actuality – or when logic successfully conveys the truth to another – it becomes a successful-communication. In this way – man realizes himself by methods of logic, behavior, and actuality.

If my communication could make the other person touch the actuality – only then my communication becomes successful. If that actuality is about indicating meaningfulness of behavior – it is called knowledge of humane-behavior.

Meaningfulness in human behavior is in indicating human-objectives of resolution, prosperity, fearlessness, and coexistence. This itself is knowledge of actuality. Therefore – logic is needed for communicating knowledge of actuality, and also for knowledge of behavior.

Harmony in behavior is first accomplishment. This manifests in our valuating ourselves, and our family-members on the basis of values, relationships, and mutual-fulfillment. In this way we can realize justice in our behavior. This alone makes a man a human-being. Thereafter with wisdom six good-qualities spontaneously emerge in him.

- 1. trust in one's self
- 2. respect for good qualities in others
- 3. equilibrium in talent
- 4. equilibrium in personality
- 5. sociality in behavior
- 6. self-dependence in occupation

I experienced myself to be self-reliant upon achieving these six capabilities. With these, I could realize wisdom and prosperity in my family. It's with this truth's-authenticity that I have presented myself before you as proof. Everyone wants to be a good-person. Minimum requirement for becoming a good-person is justice. I view justice as – relationship, values, valuation, and mutual-fulfillment.

- (1) Every child naturally desires justice from others from birth itself.
- (2) Every child has natural-expectation for wanting to do right in work and behavior.
- (3) Every child naturally speaks truth.

On this basis - we can determine - what should be the content of our education.

# Content of education needs to provide:

- (1) existential-knowledge (bodh) of truth in every student
- (2) practice and definite-methods for correct work and rightful behavior

(3) capacity for realizing justice in relationships

If these three aspects are integrated in education – then humane-tradition will get established on its own. Before this it's not possible to establish a humane-tradition.

**Justice is the starting point of humane-tradition.** Main issue about realizing justice – is to recognize that our relationship with environment is *eternal*, and our relationships with other human-beings are *continuous*.

(In this orderliness) where would anyone go for guidance upon committing a mistake? Anyone in the family who has testified himself of his having realized *justice* – will give guidance for amendment of mistake. If not in family – then someone in village will give guidance. If not in village, then someone at the level of country, or whole earth will give guidance. **Every human-being has a natural-expectation for amending his mistakes.** 

People want a change – it is evident all over the world. What is that change – they haven't yet come to grips with? Jeevan-Vidya is a proposal for the change. Universalizing of this proposal will be possible only through education. Education needs to be humanized. We will have to provide wisdom in education so that everyone can realize justice. For this – students will need to understand the consciousness aspect along with technology. We can't understand existence without understanding jeevan (the conscious-aspect). Without understanding existence – we can't appreciate its orderliness. The entity that understands existence is jeevan (conscious-entity). Therefore – education needs to incorporate study of conscious-entity or jeevan.

**Psychology needs to incorporate study of sanskar also.** Study of human-consciousness needs to be included in psychology. Human-consciousness is combination of sensual-ability and knowing-ability.

Study of Darshan (knowledge of existence) – or philosophy – needs to be taught with *truth's-authenticity* in teacher. When Darshan (philosophy) is taught with truth's-authenticity – it will only lead to teaching human-ness and its methods. *Truth's-authenticity* can't lead to educating methods of materialism or spiritualism. Thereby – every human-being can become wise (through study of Darshan).

I have experienced *proof of wisdom* as follows: – **My successfully transferring wisdom, learning (art), and skills to another is my becoming a proof myself.** We need to become proofs in all three dimensions – i.e. wisdom, learning, and skills. There's no fourth dimension. Of these three – wisdom needs to be complete. It's alright even if there are some gaps in skills and learning. So far we draw a blank when it comes to *wisdom* – though ample work has been done with respect to *learning* and *skills*. Learning and skills are presently considered as highest-value today. Learning and skills couldn't provide any resolution or relief to humankind – and we kept getting stuck at one place or another. Therefore the need for study of human-being has emerged.

Realizing oneself as *proof of wisdom* becomes inevitable after accomplishing the study of human-being. Both scientific-method and spiritualism-method left human-being behind in their pursuits. Methods of spiritualism believed God to be above everything – and therefore left human-being behind. It single-mindedly pursued study of God – and therefore left study of human-being. Method of popular-science (or materialism) also left human-being, and considered machine above everything else – i.e. whatever machine does is the ultimate proof. While spiritualism considered its scriptures to be the ultimate-proof – popular-science considered its machines to be the ultimate proof. Both isms undervalued human-being and got into trap of illusion, and started perpetuating their illusions. Humankind being stuck in this illusion ended up getting frustrated, pained, and tortured. Now what's the way out for humankind? All the seats have been assuring for showing the way to salvation – but how long could one live with their empty promises?

# Jeevan-Vidya proposes that humankind's salvation is in achieving wisdom.

Educational institutions are the most capable for bringing this wisdom into human-tradition. Education needs to incorporate study of conscious-aspect (jeevan) along with technology. How could coexistence ever be studied without studying conscious-aspect? Present education-content and educational-institutions are completely devoid of these two (conscious-aspect and coexistence). Secondly, human-consciousness is recognized while study of human-being – therefore it needs to be incorporated in psychology. Therefore, study of sanskar (or values) needs to be there in psychology. Thirdly, philosophy (study of Darshan) needs to be with truth's-authenticity.

So far we incorrectly believed that our ability of recite what we read itself is wisdom. That's not wisdom – in reality. A wise person is manifestation of wisdom. Wisdom is of existence – therefore without knowing existence, without knowing jeevan, and without knowing humane-conduct no-one could become wise. Only upon internalizing these our thinking-style becomes of coexistence, so does our conceptual-planning, and implementation-planning – which leads to its realization in living. How's it ever possible to bring about coexistence style of thinking without first having understood (known) coexistence? In the absence of this understanding two styles of thinking are prevalent – one is of hoarding and seeking comforts, and the other is of devotion and renunciation. Millions of people are still committed to these styles of thinking with patience and courage – thinking that something "good" will come out of these. Both these styles of thinking couldn't visualize a definite framework of humane-society. Despite tireless efforts - these couldn't achieve a definite objective and direction for humankind.

I deployed efforts (in yogic sadhana) only for getting answers to my questions. Money, heaven, treasures – there were no such goals before me. I had only one conviction – that if I have a valid question, I am bound to find its answer.

I would like to explain here meaning of the words 'yog' and 'sanyog'. 'Yog' means union. For example, while going somewhere we encounter another person, or a stone – that's *yog*. *Sanyog* means – union for achieving completeness. *Completeness* means – human-being's living in orderliness. *Ultimate-completeness* means – a

human-being's realizing himself. Every human-being naturally *desires* to live in orderliness, and realize himself. When he can't fulfill this *desire* through the tradition he lives in – he moulds himself according to what's available in prevalent-tradition. There have been many efforts in history for achieving completeness – but their becoming successful is a completely different matter. Humankind gave many sacrifices for achieving completeness. These sacrifices weren't in vain. If we go about breaking a boulder with a hammer, it's only the last strike that achieves success. However, all previous strikes also contributed to this success. In the same way – **my success has contribution of all prior trials for achieving completeness.** 

I accept that this success is not out of my efforts alone. One good thing which resulted from this is – I didn't get any vain egoism. Also, I encountered very few people who presented with egoism or haughtiness. How so much egoism anyone might have been carrying – I have seen it subsiding after a few steps. All meetings with me happened naturally, with simplicity, and gentleness. However, it's not necessary that everyone who met me accepted what I am saying. Many people don't accept it also - and I still respect them. It's not their mistake. They are burdened by tradition. Therefore – whether anyone accepts this proposal or not, my happiness or fulfillment isn't affected. Everyone has the seed for awakening - and it will blossom when right sanyog happens. When that seed will germinate and blossom for anyone - we can't foretell. Every human naturally desires goodness to happen. My wish is to build more possibilities for realizing that natural-desire for goodness in everyone. Sanyog is when people meet for resolution, for orderliness, and for undivided-society. Sanyog is not when only like-minded people meet. For example – meeting of two thieves, two criminals etc is not for resolution or orderliness, therefore that's not Sanyog.

When we achieve wisdom of justice – the place for realizing it is in our families. **We become truly acceptable in the eyes of our family-members when we live with justice.** After realizing justice – we are able to recognize justice in all other families which we are acquainted with. Once that gets realized, we become capable in realizing of justice with visitors.

**Every human-being naturally desires to be purposeful and successful. Our wisdom is the true source for realizing these desires.** This source could never be obliterated. Every person naturally-accepts goodness. Every person naturally desires goodness to happen. We all are waiting for goodness to happen. Place where goodness would realize will naturally be in our relationships (with other entities in existence). Recognition of a relationship (in existence) is essentially recognizing of its innate purpose (or value). This is *study* in existence. *Commitment* in a relationship is a natural outcome of this recognition. Thereafter *perfection* in harmony in that relationship becomes inevitable. Perfection naturally results in fruitfulness or *success* in that relationship. This is the simplest method to success. Omnidimensional resolution (emanating from Jeevan) is always connected with all our relationships. Purpose of our relationships itself is omni-dimensional resolution – i.e. all our relationships are for realizing resolution and happiness. We *love* as an exposition of *resolution*. We realize *gratitude* as an exposition of *resolution*. We

realize *friendship* and *trust* as an exposition of resolution. In this way – a human-being experiences happiness while achieving perfection in human-behavior.

Established-values in a human-being are: motherliness, guidance, trust, affection, gratitude, glory, love, reverence, and respect. Gratitude is acceptance of help received for our realizing omni-dimensional resolution. All other values begin realizing on their own after realizing gratitude. Affection, love, and trust values are realized after gratitude. You won't be able to find a man who didn't ever receive any help from other, in one from or the other. Man grows up, becomes capable, and realizes himself only by help of other human-beings. While crossing these steps the continuity in human-relationships becomes possible only through method of values and valuation. Even in the usual sense - we present ourselves with any person in a proper manner only upon recognizing a relationship with that person. Prevalent tradition leads us to recognize relationships based on position, power, money, intelligence, or age. While – in reality – all relationships are first on the basis of omni-dimensional resolution, secondly - on the basis of nourishment, thirdly - on the basis of protection, fourthly - on the basis of usefulness, fifthly - on the basis of right-use, and lastly on the basis of purposefulness. Proof is the basis of everyone's satisfaction.

**Values spontaneously emerge from jeevan.** For example – when you and I meet in our natural-characteristic ways, the *trust* value starts flowing in our relationship spontaneously. In this way, we become capable of recognizing relationships, doing their valuation, and realizing mutual-fulfillment. What's so great about this? So far all our relationships had been on the basis of fear or greed – and now in its place we become capable of doing valuation and realizing values. Fear and greed are not values in themselves – so their valuation is impossible. *Fear* and *greed* are two sides of the same coin. Systems based on fear and greed could keep one quiet for a while – but the malaise stays intact. It's the same reason the courts of justice aren't able to realize justice – since neither fear nor greed could be a basis of justice. For centuries human-relationships have been based on fear or greed –without any success in achieving humane-orderliness. In summary – we can concur that fear and greed are not values, and therefore these can't be valuated.

Humankind didn't go anywhere near values till now in its history. If that had happened – values would have got expressed, realized, valuated – and *justice* would naturally have been there in human-tradition. Courts of justice today arbitrate, they don't do *justice*. One side concurs (with this arbitration) out of greed, and the other out of fear. Mutual-fulfillment didn't ever result from this method – nor can it ever. Humankind has been a failure in achieving justice thus far. Still it claims having progressed! What's the meaning of "progress" without justice – you can decide yourselves. Man naturally wants to be free from fear and greed. This freedom is only for betterment of humankind and environment.

In this way – basis of human-relations is the purpose inherent in them. Human-objectives are *resolution*, *prosperity*, *fearlessness*, and *coexistence* – and procedure for achieving these is *living* in *orderliness*. Living in orderliness means participancy in all five dimensions – i.e.

- (1) Education and sanskar
- (2) Justice and protection
- (3) Health and discipline
- (4) Production-work
- (5) Exchange-system.

In this way – when we live in orderliness, live in family, and participate in the five dimensions – we also participate in orderliness of whole existence. In this way – perennial joy, blissfulness, and inexhaustible courage gets realized in a human-being.

After justice – it's dharma. Dharma means existential-knowledge that happens in buddhi. Resolution itself is human-dharma as living in orderliness. When one lives in disorderliness he stays trapped in problems. Living in orderliness is one's living with resolution. Man doesn't naturally want to live in problems, and has natural-expectation for living in resolution. Resolution = Happiness. Man's dharma is happiness. Problem = Sorrow. Man doesn't naturally want problems. Fear and greed can't lead to resolution, while whole world is bent upon trying to realize resolution through methods of fear and greed. Content of present education-systems in essence is – to somehow make resolution happen through methods of fear and greed. Orderliness can't ever result through fear or greed. One tries to build something at one place through this method (of fear and greed) – and at the same moment program for its undoing also starts off. Orderliness therefore can only be with method of values and valuation – at the level of family, industry, governance, etc. Humane-orderliness means – a human-being can expose truth's-authenticity, can realize justice, and can participate in larger orderliness.

Education and Sanskar is for provisioning wisdom in every human, in every family, and in every child. This can also be termed - universalizing wisdom. Jeevan vidya plan is about enabling every human for harmoniously living in a family. This wisdom can make a man realize orderliness in a family. Second plan is humane education, or humanization of education. This was experimented in a school in Bijnaur, U.P. for about five years. Here the effects of humanization of education were observed. I have always denied that environment affects children. If environment had been the most influential aspect – then I couldn't have gone for my exploration for getting answers to my questions on the old-traditions. This experiment in school has given proofs that these children started affecting their families, and they in turn started affecting their environment. These children started recognizing themselves as Jeevan - and started accepting the need for living in orderliness. As a result lot of children started valuating what gets shown in television - and started appreciating its meaninglessness. Also the animosities, fights etc among families which used to be common earlier – gradually started declining. This is the effect of children on their environment - and on this basis I say that this education has a huge potential.

As we go about humanizing education – we will provision *study* of conscious-aspect along with technology. Conscious-aspect means Jeevan. We will provision *study* of Jeevan, and its awakening. We will provision study of physiochemical natural-

formation and deformation – and how a human-being can be complementary to the physiochemical world. Philosophy will provision study of activities in existence – which is essential for achieving wisdom. Wisdom has to have its proof. We establish our identity (in our relationships) with wisdom – and there we recognize coexistence. Realizing *values* in those relations then becomes inevitable – which naturally leads to *mutual-fulfillment*.

**Orderliness is an eternal truth.** Existence is an orderliness with every entity being an orderliness with its being-ness. For example - neem tree is with neem-ness. Peepul tree is inalienable with its conduct. Fruits and seeds of a peepul tree will also have the same qualities and dharma - as that's their conduct or being-ness. In this way – whole vegetation-world and animal-world's conduct is definite – and each entity exposes its definite conduct. This is termed – *orderliness with being-ness*. Conduct of a human-being couldn't be ascertained thus far – since humankind couldn't realize humane-orderliness yet. Though humankind recognizes its need for orderliness - it hasn't accomplished it yet. We will need to live in orderliness with our being-ness to achieve humane-orderliness. What is being-ness for a human-being? It is humaneconduct. Humane-conduct is defined as values, character, and principled-living. Proof of values are – relationships, values therein, valuation, and mutual-fulfillment. This has to happen in a family. Anything less than mutual-fulfillment can't realize orderliness in a family - and anything more than mutual-fulfillment is **not even needed.** For this to realize man needs to spontaneously live with method of values and valuation. Character is needed for living harmoniously in larger orderliness of humankind (with other families). Humane-character has been recognized as living in purview of self-wealth, continence, and work-behavior filled with kindness. Principled-living – as right-use and protection of resources (body, mind, and wealth) - lead to realizing fearlessness. In this way, a human-being can live in a fully assured manner.

**Definition of a human-being is – One who realizes his visualization, while expecting to realize healthiness of one's mind (mun).** Visualization is needed for making a house, a machine, etc. A human-being always lives in expectation of happiness – i.e. healthiness of mind. Dharma of human-being is happiness. In this way – we can appreciate values, character, and principled-living. Humankind has part of its definition about realizing visualization – as realizing common-needs (food, shelter, and conveniences), and aspirations (telephony, tele-viewing, and long-distance travel).

Above explanation of humane-conduct is not there anywhere in prevalent education, or law frameworks. Our law-frameworks don't have any provision of valuating humane-conduct. Any law-framework for a system of governance based on centralization of authority has no provision for realizing humane-conduct – since centralization of authority is not humane. No-one could realize humane-conduct in its purview. No-one could muster courage for valuating thus, and wisdom required for this. Without filling these gaps humankind will not be able to live with happiness and the fights will continue. Wisdom is the only way out of this trap. Humanization of education is utmost necessary for this to happen. For this – study of conscious-aspect along with study of technology, study of activities in existence in philosophy,

study of Sanskar in psychology, and study of human-being and human-ness in study of geology and history needs to be incorporated. In this way – when human-ness is incorporated in education humankind as a whole would get inclined for living in orderliness, and realizing itself. With humankind recognizing its true self – we will be able to provision circumstances for, establish needs for, and achieve success in human-objectives as resolution, prosperity, fearlessness, and coexistence. Education and Sanskar achieves completeness with method of human-ness, and not through any other method. Whatever Sanskar we talk about today – are based on our beliefs which don't have universality.

Third aspect is – Truth. What is Truth? **Knowing whole existence to be in coexistence status itself is truth.** Orderliness of existence gets known upon knowing truth. Existence is studied as nature saturated in pervasive-element. Humankind and rest of the nature are mutually complementary. In this way, when we develop our art of living – the result is humane-orderliness. Once we know this – we can only live in justice, we can only live in orderliness, we can only realize truth's-authenticity in our behavior – otherwise we won't do anything. In this way - humankind reaches the point of complete assurance, fulfillment, and prosperity.

We can contrast this proposal with popular-science - where we are taught that all that exists is chaos, and uncertain. Students of popular-science start accepting themselves to be in disorderliness – and therefore ready themselves for participating in spreading more disorderliness. It's evident in the conditions of earth. Earth's temperature is rising. What's the cause of global-warming? It is due to extraction of coal and petroleum. How does this extraction lead to rising of temperature of Earth is clear to everyone. Coal and petroleum can digest the heat received by Earth. When these are taken out - Earth's temperature is bound to rise. What happens by these rising temperatures? Sea-levels have started rising. How much could this sealevel rise? The place where we are sitting could have 200 or 300 feet high water. Only some mountain peaks would be left. Whole humankind has got cornered in this way. All big countries call for remedying this situation - but who had caused and started this destruction in the first place, is very clear in history. Use of coal and petroleum for energy without understanding their purpose – is an excess on Earth. How could this damage ever be recouped can be verified only after this extraction stops. We will discuss shortly on how this extraction can stop. On this earth man lives at very high temperatures (about 50 degrees Celsius) and also at very low temperatures (about -20 degrees Celsius). That makes the temperature range of about 70 degrees. How's the body-temperature of all humans same irrespective of outside climate's temperature? Human-body has the required material for balancing the outside and inside temperatures. In the same way, coal and petroleum are the required material inside earth for maintaining its normal temperature.

Now the issue is how can we stop the extraction of coal and petroleum? One way is to generate electricity from the flow-power of the rivers that flow on earth's surface. That alone can generate 50 times more power than is needed. For this, we need to build machines for generating electricity from flow-power. Some machines can only run with oil - for those engines need to be developed which are capable of running with bio-diesel (oil extracted from vegetations). For this to happen the oil-producing

vegetation can be grown in large areas. Solar based energy has attracted people's attention – this need to be researched with increased urgency. Solar equipments need to be made more practical. In this way – we can stop extraction and use of petroleum and coal, and in its place we can use alternate energies such as bio-diesel, flow-power, and solar energy. It's only after that we can test how earth heals the wounds inflicted on it by humankind.

Another danger lurking on humankind is related with water. Whenever water first realized on earth – it must have been with sanyog of extraterrestrial radiations. These radiations were the source for making that incident happen in earth's history – and now there's a continuity for this (as water is there on earth's surface). Earth's environment has depleted - this can make circumstances for these radiations to effect negatively, and water can get wiped off from earth. The causes of environment-depletion have long been enumerated - but that alone is not sufficient. There's a need to repair the damages done. And for this the excesses on Earth need to stop immediately. Mineral-oils, coal, poisonous gases and liquids which were extracted or made for wars - have caused huge damages to the atmosphere, which is security-blanket of earth. Therefore, we will need to put a stop all those activities which damage the atmosphere. It's only human who thinks of repairing the damages he causes. This quality of human-being distinguishes it from animals. Still humankind hasn't done anything to repair damages it caused to Earth. On the contrary the damages seem to be increasing with every coming day. How long will this go on? Will anything ever be done to repair these damages?

Earth kept on working so that humankind could live in a safe or protected manner. Despite this, humankind with all its intelligence revolted against whole Earth, attacked it, and exploited it. Humankind has been busy spoiling earth's environment since its very beginning. Age of popular-science accelerated this damaging, and now we have reached a deadlock. If one jumps into a river, there's a possibility of his surfacing again. Now this Earth is about to sink... And it is now up to our thoughts whether we want to do anything to save it. **Our thoughts determine our circumstances, and if we desire our circumstances become favorable – and if we don't desire our circumstances become unfavorable.** It's due to our not having existential-knowledge we couldn't valuate the grandeur of earth's environment. This resulted in our getting damaged in many ways, and damaging nature in many ways. We kept on wantonly damaging earth, and now we are becoming fearful when it's coming to our getting damaged. This is the retrospective analysis of human-history.

Jeevan-Vidya gets conveyed from one person to another – this has been proven. We have successfully experimented with this in one school. Looking at its good-results we see the needs for its universalizing. No-one commits wrong without unwisdom. In my view – everyone desires goodness, and is responsible for goodness. Therefore everyone will feel his responsibility for universal-goodness eventually. Jeevan's awakening is needed for universal-goodness. A healthy-society can't be made out of ideologies of seeking comforts-hoardings, or devotion-renunciation. For healthy-society wisdom and jeevan's awakening is needed.

The activities of existential-knowledge and truth's-conviction in buddhi can only be realized when buddhi gets content of justice, resolution, and truth. When these three establish in buddhi – only then buddhi becomes truly effective in human-activities, which lead to a human-being's accepting his responsibility for universal-goodness. Upon understanding existence we achieve knowledge that existence is ever-actively-present as coexistence. We make people study this.

Mathematics discovered the method of reduction. This reduction-method itself got eventually utilized in making atom-bomb. Atom-bomb's only purpose is to cause destruction, and nothing else. Whatever damages it could cause at Hiroshima Nagasaki are there before the world. Apart from this whatever nuclear-testing was done caused heavy damages to environment. It was done by a handful of people while its effects will be born by all 7 billion. This destruction led to damaging every common man on earth. Mathematics which gave method of reduction - reduces everactively-present existence to infinitesimal time-duration (tending to zero). There's nothing left to be recognized in this fictitious infinitesimal time-duration. While reality is completely different – i.e. existence is active-presence forever. There's nothing apart from existence's ever-presence. How method of reduction heaped one lie upon another that now to emerge out of it one needs to trust within one's own self. As long as man trusts atom-bomb, or some weapon, or some flag, or some symbol (or devotion) - there's no way for a human-being to trust another human-being. It's a fact. Trust in one's self will become possible only upon understanding what self is. To understand self – one needs to understand justice, dharma (resolution), and truth precisely. Justice is understood on the basis of relationships. Dharma is understood on the basis of orderliness in existence. Truth is understood on the basis of existence – that expresses itself as coexistence. Existence is forever effective – as coexistence.

Apart from humankind, rest of the nature is already in orderliness. Every humanbeing too has this thirst for being in orderliness in some degree. Books from prevalent education-systems don't establish in students an understanding of innate orderliness in existence. It's only with *existential-knowledge* of orderliness that a human-being becomes capable of realizing human-dharma by participating in orderliness. **Human-dharma is living in orderliness.** Dharma of every entity is living in orderliness and participating in larger orderliness. In this way – dharma of matter-order is 'to be' or 'to exist'. Plant-order's dharma is 'to grow' along with existing (being). Animal-Order's dharma is – 'to live' along with growing and existing (being). Dharma of human-being in knowledge-order is 'to live with happiness' along with growing and existing (being). Happiness is human-dharma. Happiness will happen with *resolution*. Resolution will happen by *living in orderliness*. Living in orderliness depends on human-being's *wisdom*. Wisdom essentially is – getting existential-knowledge in buddhi of existence, jeevan, and humane-conduct.

Existential-knowledge in orderliness naturally leads to commitment to orderliness – as truth's-conviction. Living with this commitment and conviction leads to one living in orderliness – and living thus we can build better situations. Humane-education will need to be accepted which will result in arising of true-intellect. There's no other way of saving Earth from a complete disaster. It is needed. If we don't

understand this now – the circumstances of tomorrow will force us to understand it. In this way – living in dharma is living in universal-orderliness as undivided-society.

My vision of undivided-society is – Human race is one, its works are many. Human dharma is one, resolutions are many. Man can do many works – such as farming, weaving, etc - for living with happiness. Until and unless we recognize whole humankind as one race – how could the work of goodness even begin? It's only natural for humankind to undertake many works or production. Human race is one – we can accept it by recognizing that every human-being has the same objectives – of becoming happy, of becoming prosperous, of becoming resolved, of becoming fearless, and of realizing coexistence perennially. When we pave the way for fulfilling these objectives its basis can only be the understanding that - "human race is one, human dharma is one". Way to happiness is termed as dharma (or orderliness). The orderliness that can be established in one space and time can also be established in another space and time – that's the beauty of this proposal.

May Harmony Prevail

# **Questions and Answers**

# Question-1: Do physical-objects have no value?

**Answer**: Value of a physical-object is definite and constant. Value of one kg of wheat today is same as it was a hundred years ago. Its value only declined due to human-interference – for example, by using chemical-fertilizers. Use of chemical-fertilizers led us to become lazy, and we stopped making fertilizer from the waste of farm-animals. On the contrary we killed these animals for food. We kill our animals and export their meat for earning money. How far would it be right, how far would it be practical, and how far would it be for goodness of humankind – who will answer?

Valuation of physical-objects is necessary for humankind to realize *prosperity*. Value of a physical-object equals value of *manual-work* deployed by humans for producing these objects. The physical-objects are used at three places – for body's nourishment, protection, and for societal-progress. All physical-objects need to be used right – as without that human-being can't realize complete fulfillment.

#### **Question-2: What is human-dharma?**

Answer: The extent to which I live in orderliness today, the finesse with which I live today – I can live better than that tomorrow. In this way, living with ever increasing happiness is human-dharma. It's not possible to live happily being laden with problems. We can live happily only with resolution. It's not possible to cultivate resolution out of physical-objects and then become happy. Source of resolution and wisdom is there in our buddhi. We can grow and build physical-objects of our needs based on our wisdom.

It's not possible that we live deprived of physical-objects despite being resolved. Living with resolution encompasses physical-objects in their optimum quantities. With this method of living with equilibrium we keep strengthening our path of happiness. Physical-objects required for living thus are *needs* of human-dharma.

So far no dogmas of any tradition could be universalized for whole humankind – nor would it ever become possible. Universality is possible for only one thing, and that is humankind's living in orderliness, universal-goodness, and happiness. I have known how human lives in orderliness and participates in universal-orderliness. I don't become cause of difficulty for anyone by my living. In this way, we can come to this conclusion that human-dharma is living in orderliness. Living thus we are resolved perennially and therefore are happy perennially. Jeevan achieves happiness which gets manifested in behavior. It's only when resolution is realized in one's behavior can we believe that the individual is happy.

Everyone – whatever skin-colour, mighty or weak, rich or poor – naturally wants to be happy. There is no difference of opinion in people on this matter. What's the method for achieving happiness? From ancient-times till now, all human-efforts have been for seeking happiness in the purview of sensations which we receive through sensual-

organs, but these efforts couldn't succeed. This proposal is the next step which makes clear the path for how one could realize happiness through wisdom. Wisdom essentially is human-being's knowledge of self and that of existence.

Existence is an eternal truth. There's no increase or decrease in existence.

What is the proof of this? Whatever is there before us – is active-presence. There's no ending to this active-presence – it continues to be as active-presence. Whether all four orders realize on earth, or only one – the active-presence of matter continues. One order continues to be at the least – i.e. matter-order. Matter can't be annihilated – it continues to be. Physical-matter itself exposes as natural-chemicals by process of metamorphosis. Two kinds of entities join together leaving their respective conducts, to accept a third kind of conduct is called metamorphosis. All entities

of plant-order emerged through this process of metamorphosis. Natural-chemicals lead to emergence of respiring-cells, respiring-threads, and natural-formationmethods in these respiring-threads on their own. There's no contribution of any engineer, doctor, or scholar for making these happen. This illustrates that existence has steps of progression. Human-being is also one step in these steps of progression in existence. We can appreciate this reality. If humankind doesn't live (think and do) in accordance with its position in this progression - then this earth won't remain conducive for human-living and human-race will get wiped off from earth. All physiochemical things will continue to be – but human-race will not remain. There's no profit or loss in existence - i.e. existence neither increases nor decreases. Existence continues to have all four orders – if not at this earth at some other place. If human-being considers "development" as making this earth unlivable – then what could be said about its intelligence. Most people consider the individuals, countries, and communities that cause such nuisance as "developed". This is something to think about. The deadlock that we have reached - it's now clear to everyone that it's our own doing. Now there's a need to come out of this deadlock situation. Proposal for coming out of this deadlock is there before you now. We need to think about this and for that your involvement is needed. Man naturally goes for goodness. In the absence of a definite-way for goodness, it goes for what's available. This proposal is for goodness, which needs to be tried by humankind.

First – **humane-character** is *one*. Humane-character is in the form of *self-wealth*, *continence*, and *work-behavior filled with kindness*.

Second – **values** naturally flow upon recognition of relationships. Values are *realized* – when relationships are recognized, valuation is done, and mutual-fulfillment is achieved.

Third – we realize **principled-living** when we right-use and protect our resources (body, mind, and wealth).

In this way – humane-conduct gets explained as a combination of values, character, and principled-living. These are three pillars for living in orderliness. The same humane-conduct formed the basis for my explaining *humane code of conduct* (humane universal law-framework) – in family, in society, in systems, in occupation, and with nature. Humane-conduct alone can realize grandeur of

national-character. Whatever has been thought about thus far on religion-based-governance and economics-based-governance has failed. Now we will have to look for their alternative. Proposal for this is – basis of national-character will only be humane-conduct. No-one will have any difficulty in comprehending it at any place or time. One needs to taste the humane-conduct once! In this way, we explain law-framework based on *code of humane-conduct* – and that itself gets described as *Behavioral-Sociology*. Education needs to incorporate this Behavioral-Sociology. How man will become wise? What's the grandeur of humankind realizing human-ness? How does a human-being realizing human-ness live in family, in society, and in systems? This is a complete sociology – which needs to be studied separately. This way a human-being can live in a very nice way while trusting in ever-presence of existence. Existence neither decreases, nor does it increase – in this way we can recognize existence as ultimate-truth. Existence is nature saturated in pervasive-element.

Ever-presence of existence is not going to be annihilated ever. Our dissatisfaction with present is due to our own imposition of incorrect-beliefs – due to which we aren't able to live in active-presence and therefore go into the past – where we get frustrated and pained. We go to the future – and there too we get frustration and pain. While in existence there's no entity called "disorderliness". Whole existence is orderliness. Whatever man builds through physiochemical material eventually disintegrates. For example - any machine eventually becomes dysfunctional; a house eventually gets ramshackle, and so on. Still the matter which composes these doesn't get annihilated. It's with this reality - we could rebuild a ramshackle house. Our capabilities for deploying manual-work are there with us due to inexhaustible potential in jeevan. We can deploy this potential for realizing prosperitu by producing for body's nourishment, protection, and societal-progress. Our phone stays on for whole day, while our need for using it is only for few minutes - that's prosperity. We need to go out once a day - while bicycle is with us for the whole day. If this isn't prosperity, what is? We need one quintal grain for our nourishment, while we are able to grow twenty - that's prosperity. These examples illustrate - we have more resources than our needs. We can experience prosperity in all aspects of our living. Experiencing prosperity is our need. Physiochemical-world's usefulness is in humankind's experiencing prosperity. There's only one way of experiencing prosperity – and that's our being able to produce more than the needs of our families. Continuity of resolution is by living with prosperity in humane-orderliness. After accomplishing resolution through wisdom - wisdom continues to remain with us. We don't have to run around for replenishing it. This is the basis for fulfilled-living. It's not possible to live in a fulfilled fashion while still being surrounded with problems. In this way – wisdom begets experience of resolution, manual-work begets experience of prosperity, and living in orderliness in coexistence begets experience of fearlessness. This is the way I have seen and known existence; this is the way I have lived; and this is the way I am capable of explaining this to you.

Justice = ability to live in undivided-society and universal-orderliness

Truth = realization of self.

**Self-realization means ability to transfer one's wisdom to another.** Wisdom is of – orderliness in existence, justice, and of human-being. I count myself as one of the successful individuals in this method of accomplishing wisdom.

Truth's-authenticity is manifestation of existential-experience. What is existential-experience? We stay unfulfilled till we know. We stay unfulfilled till we live with beliefs alone. Fulfillment isn't there also when we don't believe what we know. Fulfillment is when our recognizing and conducting activities happen with fulfilled knowing and believing activities. Whatever we did thus far with our recognizing and conducting activities – we didn't achieve fulfillment, since our knowing and believing aspects remained unfulfilled. How can this point of fulfillment be recognized? Resolution-activity that starts off in us in a continuous manner – with sanyog of existential-experience centric resolution – gets culminated into the point of fulfillment in our achieving existential-experience. In this way – truth's-authenticity is proof in itself. Our truth's-authenticity leads to our successfully communicating our existential-experience to another. In this way – by communicating and expressing our existential-experience to human-tradition we get fulfillment in ourselves, and that's our real wealth. If you are able to know what I expressed then it's a matter of celebration for me, otherwise my wealth of fulfillment is there with me intact.

Existential-experience (upon achieving it) can be communicated perennially. Prevalent spiritualism ideologies proclaim that existential-experience can't be communicated to another. Upon recognizing jeevan – I understood – that existentialexperience is an intrinsic activity in jeevan. This activity can only be realized in human-tradition – for which no physical-object is needed; only wisdom is needed. Knowing and believing activities are of jeevan - which aren't based on sensations. Recognizing and conducting activities of sensual-abilities are needed for living in orderliness. Jeevan manifests as alive human-being for realizing recognizing and conducting activities. Existential-experience has no deployment of mun (jeevan's faculty of expecting). Existential-experience results in celebration of mun (jeevan's faculty of expecting) directly (without any involvement of sensations). And with this celebration mun expresses existential-experience to the world. Therefore – atma (activity of existential-experience) is at the root of celebration of jeevan. It's grandeur of atma that gets manifested as celebration in living – which results in mun (faculty of expecting in jeevan) reaching out to the world for offering this wisdom. Celebration in *mun* with existential-experience is so vast that it can't hold this joy to itself and has to offer to the world. It's like when we achieve too many things – we naturally offer them to others. In the same way – existential-experience is such a vast treasure that mun can't hold it all in itself and starts expressing it to the world.

Thus, I have seen, understood, and experienced. While elders of tradition kept telling that existential-experience can't be expressed in words. Now which of these two should be believed (to be true) – you need to decide. I say – "human-being can express his existential-experience with his own desire." What I have presented before you is evidence of this statement.

Existential-experience incident is followed by producing its proofs in *living*. So far humankind could only produce machines and holy-books as proofs of its "wisdom". There is no proof of realizing truth (truth=existence) in the history of humankind. Proof by machine is changeable – it's not fixed for all time. Scientists themselves give disclaimers that what they are saying may not be the ultimate truth. Now how could one choose among their ultimate truth, first truth, middle truth, near truth, far truth? Truth is. Untruth is. Untruth is humankind's living in illusion. There's no entity in existence called "untruth". We can call our un-wisdom or our illusion – as untruth. Truth is existence as a whole – there's no decrease or increase in truth. There's no such thing as first-truth or last-truth – there's only continuity of truth once it's realized in a human-being. Before that human-being lives without understanding of truth. It's with *wisdom* that a human-being understands truth. Understanding coexistence itself is ultimate truth.

**Understanding existence is all about understanding its orderliness.** Once it is understood by a human-being that existence is in orderliness, then it's only natural for him to get into orderliness himself. Thereby I came to know that human-dharma is one, and that is – living in orderliness. Human-dharma is realized in human-being's living in orderliness. Trusting in ever-presence of existence itself is happiness. Whatever ways were suggested by devotion-renunciation based ideologies – can't achieve any proof. Renunciation method leads ultimately to samadhi – where it's not possible to say whether one is happy or sad. It's not possible to testify that status – therefore it's called "beyond happiness and sorrow". If you also reach the status of samadhi – you will see the same thing. Samadhi is a status devoid of thoughts. I have myself seen it. Incident of samadhi is a *possibility* – it's not a *definitive* incident. No-one can tell who will achieve samadhi and when. How samadhi could be achieved by someone is also not definitive – since there are many methods for this.

As we begin living in orderliness – we start participating in larger orderliness. If we participate in education and sanskar – then we are able to do it with method of upkar. Education and sanskar is realized only through method of upkar, and not through method of remuneration. We can't realize existential-knowledge of truth and actuality in other through method of remuneration.

I realize education and sanskar by upkar-method. It never came to my mind that I should get some remuneration. There's no physical-object needed for conveying wisdom to another. The teacher needs to be self-reliant and self-dependent for meaningful education to be. One who is self-reliant would naturally be self-dependent by producing objects of his needs, being capable, and realizing upkar. Everyone has a natural-inclination for helping and upkar. We can survey this. This natural-inclination is the foundation ground of upkar-method. Children have natural-inclination to help – and if we keep strengthening this inclination in them, it will result into upkar-inclination in them. All we have to do is this – to provision this process in education-systems. Humane-Education alone can realize upkar. Industrial-Education and Professional-Education is incapable of it. By attracting attention to this – perhaps your inclination will turn to Behavioral-Education, Orderliness-Education, and Realization-Education. Human-being alone has to be basis of proof of truth. **Industrial and Professional education can't make** 

humankind sociable. Even if these kinds of education somehow succeed in avoiding misconduct and violence against other humans, the excesses and violence with earth is inevitable through these. **Present status of destruction of Earth is result of industrial and professional education.** Its alternative is – humane-education, Behavioral-Education, Resolution-Education, and Realization-Education. For designing such education, humane-conduct needs to be kept in the center. Whole education-content needs to be readied for conserving humane-conduct, and making humans wise.

One doesn't delay for a moment in doing works of excesses and excitement – while thinks ten times over before doing anything for resolution, rationale, and purposefulness. It's not that way in childhood though. As one grows into adult – one starts doubting one's helping-inclinations, and this helping-inclination keeps moving down in priority. As a result – it becomes late, and available conditions become different. These changed conditions reinforce that doubt – and one starts thinking that it's not possible for anything right to be. That's the status of humankind. Humankind has decided that it can't possibly do anything right. On the other hand – humankind desires orderliness. How can orderliness be made available to all? How could orderliness be universalized in humankind? This proposal is meant for answering these questions. Humankind has to become wise for this to happen. Human-being needs to realize humane-conduct in all aspects, angles, directions – for orderliness to be. This orderliness leads to realization of human-objectives of resolution, prosperity, fearlessness, and coexistence. Humankind has been awaiting realization of these objectives since time immemorial.

Presently – man believes his own needs to be *useful*, while he doesn't believe other's needs to be useful. This is the reason of exploitation among individuals, families, communities, and countries. With these evidences we can appreciate that we need to immediately recognize human-dharma and humane-conduct – and we need to muster courage and commitment for realizing these in this very bodily-journey. This is called *truth's-conviction* which adds *commitment* for *self-realization*. First -Commitment for living in *orderliness*. Second - Commitment for expressing *truth's-authenticity*. Thirdly – commitment for living *in* justice, living *for* justice, and living for deploying one's capacities of providing justice to others.

Methods of devotion and worship etc only bolster commitment towards the underlying objectives of the devotee (or worshipper). Then comes "strong curiosity" – meant for achieving salvation. It's been said that these activities (of worshipping, prayers, meditations) are done for ultimate salvation also. These have been considered most auspicious from the ancient times. These activities are accepted in common culture, people who do these are respected, and many people find relief through these methods. Their providing instant-relief doesn't mean we became successful in realizing orderliness. It's not that I mistrust methods of worshipping, chanting, meditation etc. These methods have their limits and they are effective only within those limits. Their ultimate is seeking salvation – which culminates in samadhi, which is a status in which there's nothing left for achieving or losing. In this way, we come to a conclusion that – Orderliness can't be achieved

through methods of devotion, methods of renunciation, or through methods of hoarding.

How should man live therefore? Humane art of living is only with resolution, prosperity, fearlessness, and coexistence. I have lived it. It is meaningful living. You can also live this way. We now reach the point that everyone needs to realize it by living it. Meaningfulness is naturally-accepted to everyone – therefore humane-conduct is meaningful for humankind. Every entity in existence wants to be in orderliness – and an entity's being in orderliness itself is its dharma. Human-being also wants to live in orderliness. On this basis – human-ness is naturally-acceptable to human-being. Proof of our awakening is in realizing humanness. When I realized humane-conduct, then I came to know that human-ness itself is human's being-ness. Humankind's grandeur is in human-ness itself. In my view – whole humankind is thirsty for human-ness. Human-ness is humankind's being-ness, and man can't escape it anyway – if not today, tomorrow man will have to come to it.

Every person has this huge possibility of awakening. Every person realizes this possibility based on his desire, need, and joy. If this quality of orderliness were meant for only in one person, and others could live on mechanically – then everyone wouldn't have had the need for becoming happy.

One who's sitting in a seat of authority also couldn't achieve happiness, self-reliance, and freedom. The ones who're desirous of these seats also didn't achieve happiness, self-reliance, and freedom. In this way – we come to know we are all empty-handed. Only human-ness realized in every human-being can fill this emptiness. Humane-education is the only alternative for humankind's awakening. I have put efforts for this out of my own happiness, and not for burdening anyone with obligation.

After existential-experience – knowing of truth's-authenticity happens in buddhi. With which buddhi gets ready with truth's-conviction and we *desire* for expressing and communicating this truth. We get natural-inclination for realizing ourselves. I have seen by realizing it – and found that it's need of everyone. Only after knowing this I started off further program. First effort is as Jeevan Vidya Plan – where activities from resolution to truth's-conviction are explained.

One who gets truth's-conviction – naturally does visualization (in Chitta) for designing one's art of living. Thus far all visualization-activity used to be on the basis of sensual-abilities – in its place now visualization begins for art of living with truth's-authenticity. It's the method of upkar. When we visualize our common-needs and aspirations based on method of upkar – we find that we become capable of doing upkar only after realizing resolution and prosperity in a self-reliant manner. We can't somehow hide this ability (of doing upkar). Our abilities naturally get directed to upkar. And with this method our common-needs and aspirations naturally become limited. This method has cyclicality of economics incorporated in it. Man can understand it, and it gets understood with awakening. With cyclical-economics based systems we devote our resources (body, mind, and wealth) for principled-living of dharma in behavior, production, and orderliness. Education is included in

orderliness. In this way, opportunities for one's devoting resources is always there – and the method for doing it comes in a spontaneously.

Prevalent human-traditions slowly make one turn away from production after completing education – and these make one thirst for more and more comforts and hoarding. While if we visualize the living with method of human-ness in a humane-orderliness, we find that – our requirements for common-needs and aspirations can be fulfilled easily with very few resources. With method of human-ness alone visualization of humane-orderliness becomes practicable. This results in living in happiness perennially.

Meaningfulness of visualization-activity of jeevan (in chitta) is in making all required systems, principles, methods for humane-living for the duration of our bodily-journeys. Meaningfulness of resolution-activity of jeevan (in chitta) is only in knowing justice, resolution, and truth. Logical-analysis (in Vritti) based on this visualization is also for meaningfulness; tasting (in mun) of values, and selection-activity (in mun) also takes place accordingly. This results in harmony and happiness. Values are – jeevan-values, established-values, expression-values, and object-values.

An Object's value remains constant. For example – one kg of seeds have the same utility-value today, as it had 100 years back. In the same way – medicines, grains, vegetables also have their values innate in them. This is called utility-value. Thereafter there are objects which humans make – such as cars, fertilizer, trains, etc. This adds beauty by deploying art. Purpose of "beauty" of an object is in establishing ease-of-use along with its utility. This way we can realize utility, purposefulness, and beauty on produced-objects.

Jeevan-values are happiness, peace, satisfaction, and bliss – which are levels (stages) of jeevan's harmony. Harmony in mun and vritti is happiness, harmony in vritti and chitta is peace, harmony in chitta and buddhi is satisfaction, and harmony in buddhi and atma is bliss. This sums up the harmony in jeevan. When we live in existentialexperience centric manner, this harmony in jeevan comes naturally. It's natural expectation of jeevan. It's natural accomplishment of jeevan. It's natural purposefulness of jeevan. When happiness of tasting values in mun begins - those values are called love, trust, affection, gratitude, guidance ... When we recognize relationships against their purposes - then these values spontaneously start flowing from jeevan. One example of this is - when a mother has recognized her child motherliness value spontaneously starts flowing from her naturally. It doesn't need any planning or training. Jeevan-values needn't be searched around or hoarded somehow. These values are innate in jeevan, and these get deployed by recognizing relationships. Relationships are recognized for realizing purposefulness in family, society, systems, and coexistence. We are anchored in relationships from these four sides. We need to become proficient in recognizing these relationships. As we become more proficient in behavior, we realize bigger proofs of our purposefulness. In this way tasting of values starts in mun. Jeevan valuates the values which emanated from itself.

Values of objects are inseparable from the objects – and it's therefore spread all over the place. Jeevan-values and human-values are there in humans (in jeevan) – and jeevan valuates these values within itself. What a natural and great process it is! There's no need to use any external equipment for doing this valuation. It's examination for self, by self, and in self. Everyone needs this. Possibility of this can be universalized with Education. Such education will be about existence's innate principles, natural-control, equilibrium, and justice. When this education happens in a methodical fashion – then jeevan attains awakening, and therefore becomes capable of recognizing relationships. Thereby, man achieves happiness by recognizing relationships against their purposes. With this method we understand purpose and rightful functioning of *tasting-activity* in jeevan.

Then comes the evaluation-activity (in Vritti). Animals carry out evaluation-activity with views of pleasurable, conduciveness, and profitability. Method of evaluation for humans is with views of justice, dharma, and truth. These three (justice, dharma, and truth) are the focal points which need to be accepted for living in human-ness. The moment we accept these – all our efforts turn towards these. Whatever education, sanskar, and valuation that humankind did thus far was within the purview of sensations – which couldn't suffice the human-requirements; therefore human-tradition didn't get established. Therefore – pleasurable, conduciveness, and profitability views need to be dissolved into the views of justice, dharma, and truth.

Dissolving thus would result in thinking and selecting with views of judicious-pleasurable, judicious-conduciveness, and judicious-prosperity. In this way – profitability gets replaced with prosperity. Judicious-production method leads to prosperity, while hoarding-method leads to exploitation. Exploitation harms us, and harms rest of the world too. This needs to be studied and accepted with precision – and there's a need to establish strong conviction about this – and for this, humane-education is needed. Humane-education shall lead to every child becoming self-reliant and every child will become complete with the following six good-qualities:

- 1. trust within one's self
- 2. respect for good-qualities in others
- 3. equilibrium in talent
- 4. equilibrium in personality
- 5. sociality in behavior
- 6. self-dependence in occupation

Such a self-reliant individual shall realize resolution and prosperity in his family. **A family realizing resolution and prosperity is essence and origin of sociality and humane-orderliness.** I have seen it precisely, and it definitely becomes successful. Thereafter comes the – a vision of humane-orderliness. Humane-orderliness comes about and flows spontaneously upon wisdom.

Parents (guardians) educate their children in their ways, and thereafter educational-institutions teach, and the seats of state, and seats of religion also teach in their own fashions. Whatever we achieved through these education methods – we couldn't become humane. This whole thinking, effort, and proof is only for us to become truly humane – so that humane-tradition could be established. This will result in justice

in humankind, and equilibrium in environment. Justice can only lead to living in orderliness. It's not such a difficult thing. But humankind needs to feel the need for it. Whatever has been done till now has been in the purview of sensations – which couldn't meet our requirement. On the other hand such living has led to Earth getting spoilt, and man is already spoilt (if he lives thus). Recognizing human-ness is mandatory for humankind's well-being. Living in humane-orderliness only has continuity.

Humane-orderliness is in the form of:

- 1. Participancy in education and sanskar related works
- 2. Participancy in justice and protection related works
- 3. Participancy in production works
- 4. Participancy in manual-work exchange related works
- 5. Participancy in health and discipline related works

Participating in all these five aspects itself is participancy in humane-orderliness. Such orderliness emanates from every individual and gets realized upon awakening. This was a brief overview of vision of humane-orderliness. Everyone can accept it.

Anything remains a research-subject or study-matter till it gets understood. The outcomes of research and study get universalized through *education* and sanskar method. There's nothing new about method of universalizing discoveries through education-sanskar method. Now there's a need for universalizing this accomplishment.

As we go about universalizing – the teachers will need to be made proficient in methods of behavior, logic, rationale, and natural-science. By being proficient - I mean – they will have a clear conceptualization of these methods. Once conceptualization is done, every human realizes himself through his own naturalinclination, efforts, and needs. Every one has innate need for self-realization. When you will feel this need for realizing self, then you won't keep sitting silently - you will also realize yourself. I have achieved this through method of exploration (sadhana) - people who will achieve from me will achieve through method of **study.** Responsibility comes after *Bodh* (existential-knowledge) upon completing study. Existential-knowledge has to beget realizing one's self. When we go about realizing a conceptualization by communicating it - only then do we experience it. It's only with existential-experience that one can make the other achieve bodh (existential-knowledge). Mere repeating these words will not lead to another getting bodh (existential-knowledge). As an exception, someone who is a very proficient orator – who hasn't yet accomplished existential-experience – still he could convey this message to another. That's what has happened till now. We listen to a part of this message – it appeals to us deeply - and we dedicate ourselves to it. I went about my sadhana in the same way. In my view - Most people though will take the route of study, then existential-experience, and then self-realization.

Question: What is your comment on common-man who's stuck in prevalent old traditions?

**Answer**: You used two words – 1. Tradition, 2. Common-man.

I have understood tradition to be in four aspects. 1. Education, 2. Religion, 3. State, 4. Business. These are the four cornerstones of human-tradition. Every individual sooner or later goes through these. In my view, prevalent old traditions have got completely torn to shreds – and they have nothing whatsoever to offer to their followers. Still they keep boasting that they and all their programs are for salvation of whole humankind! No human-being was ever seen getting salvaged through these. On the contrary, their leaders - those who claim to be the saviors - are themselves seen neck deep into the same rut. If there's any source for meaningfulness – it is human-being. According to my study, human-being is meaningful to a degree more than 51%. Possibility for reparation is there in every human-being. These traditions can't repair themselves; they only need to be replaced with completely new ones. The prevalent traditions won't get repaired – there's no content in them which could get repaired.

Tradition of education will stay for humankind – whether education is meaningful or meaningless. Tradition of state (bringing people to orderliness) will stay – whether state is meaningful or meaningless. The essence of today's state is documented in constitution - which at the root is centralization of authority. Centralization of authority only describes methods for trying to stop a mistake by making another one, trying to stop a crime by committing another one, and trying to stop a war by raging another war. Would these methods of stopping ever result in reparation of a humanbeing? All such attempts of stopping only resulted in multiplying of mistakes, crimes, and wars – it's all there evident before you. Business is addicted to exploitation. Religions are addicted to giving assurances and getting respect. Assurances of salvaging the sinners, assurances of converting those who are selfish to benevolent, and assurances of converting those who are uneducated into scholars. There're no proofs available for these assurances to have become fruitful ever. Whole humankind has kept thinking that individual is wrong, traditions are right. From this proposal I want to open the eyes of individuals, and not of traditions. I have nothing whatsoever to do with the old-traditions. I am a human-being and I am related with human-beings.

Question: On one end you describe the old-traditions to be rotten, while today's human-being is an outcome of these very traditions – therefore today's human-being should also be rotten. Still you say, every human-being is meaningful more than 50%? What do you mean here by being meaningful?

**Answer**: The four traditions that we talked about – their leaders don't have any curiosity for their reparation. Neither the leaders nor the documents that they are working with have any basis of curiosity. While every human-being has curiosity in some corner (for understanding what's right, and living thereby). On this basis I say that human-being is meaningful more than 51%.

Question: You have talked about Development and Progress. So far we have been describing "development" as building of roads, getting electricity, and

# increase in income. What is the meaning of "development" that you are talking about?

**Answer**: Having a jail in every district is also described as "development" thus far! A shining-house is also called "development". I have no big opposition to these. Whatever resources are needed for humankind's common-needs and aspirations - get incorporated into these. There's a need of social-consciousness for using these resources though. Industrial-consciousness takes us eventually to crimes and mistakes. Human-being needs social-consciousness, behavioral-consciousness, and orderliness-consciousness – and this proposal of *Jeevan-Vidya* is to fulfill that need. Thereafter there are proposals for *Humanization of education*, and proposal for *Family* rooted self-regulated orderliness. By considering these proposals we find that humankind's durability on Earth is directly linked with its minimizing of destruction that it causes to Earth. Where will humankind live after it has spoilt the Earth? Humankind's true development is based on – every human-being's realizing resolution and prosperity in family, everyone understanding that human-race is one, everyone realizing harmony in behavior or sociality through method of values and valuation. Humane-orderliness is human-being's participancy in all five aspects of human-tradition. This is what I call – human-being's development or awakening. This is what I call - sociality in behavior. The way "development" is popularly described – couldn't result in *happiness*. For omni-dimensional happiness all four human-objectives - resolution, prosperity, fearlessness, and coexistence - need to be fulfilled. Without fulfilling these objectives it's impossible to achieve happiness.

# Question: Darwin also propounded the principle of "Progress" (Evolution) in existence – which is still widely accepted. What's the difference between your definition of progress and that of Darwin's?

**Answer**: Whatever Darwin presented (as theory of evolution of species), he did it on the basis of body-formation. For example – natural-formation of an insect's body, natural-formation of a leech's body, natural-formation of a horse's body, naturalformation of a cow's body, and in the same vein natural-formation of a human's body. Here the basis of explanation is skeleton-structure. How these bones became longer, wider etc has been described by him as progress. Human-body has been considered here as the reference for ultimate progress. With this reference, all other bodyformations have been sequenced behind it chronologically. Whatever Darwin has said about body-formation has some difficulties (inconsistencies) – and whatever he has said about human-being is completely inconsistent. Darwin described that a monkey's body-formation eventually evolved into a human-body – and whatever body-formations were formed till final human-body's formation got destroyed eventually. While I proclaim - In some developed-brained animal's womb an exploration in respiring-threads happened for establishing a tradition of bodyformation with which jeevan could realize its awakening. Darwin proclaims that indefinite body-formations evolved due to environmental and climactic conditions. Darwin didn't have knowledge of jeevan. His theorizing doesn't consider jeevan as the reference. Even now - scientists seek progress (or evolution) in bones, and for that there are Nobel-prizes, degrees, and jobs. All their presentations have humanbody as the reference. If that had been correct human-ness should have been

realized with emergence of human-body, but that didn't happen. It's impossible to describe a human-being in the framework of bone-structure. Darwin himself says - I don't get described in the purview of my bone-framework alone. Darwin was incapable in describing a human-being. He had described progress (evolution) in terms of finer qualities in body's natural-formation-method. While in reality – reference of development-progress in existence is jeevan. A body-formation can't function without a jeevan. A human-being is a combined expression of jeevan and body. It's impossible to describe human-being as a body alone, or as a jeevan alone.

Development-progression in an atom is for achieving constitutional-completeness. Every constituting atom is in this development-progression. Every constitution has more than one subatomic-particle. Every atom needs to have a nucleus and orbiting sub-atomic particles. It's naturally there in existence. There are two or more than two subatomic particles innate in such atoms. Among many kinds of atoms – one kind is jeevan atom. There's no increase or decrease of subatomic particles in jeevan-atom therefore it's with inexhaustible power and potential. Jeevan itself is progress-completion in an atom. Therefore – jeevan-atom is being called here as progression-completed. Thereafter, *awakening* remains to be realized in this jeevan-atom – which is in the form of *knowing*, *believing*, *recognizing*, and *conducting*. Recognizing and conducting faculties are there in subatomic-particles. Due to this capability alone, the subatomic particles realize orderliness by maintaining a definite distance. This orderliness of constituting-atoms itself is manifested as physiochemical activities in nature. The ultimate result of physiochemical activities is human-body – which has been realized on this Earth.

Question: You had met Chief-Justice of India and had asked him about universal-justice – for which he didn't have an answer. There are different codes of justice in India and Pakistan. Within India itself there are different codes of justice for Hindus and Muslims. In this way there is a lot of confusion about this issue of justice. You have said that justice is realized in a family – while we think it happens in law-courts. Please explain this.

**Answer:** *Justice in essence is – relationship, values, valuation, and mutual-fulfillment.* Each relationship has to be valuated and has to realize mutual-fulfillment. Every human-being is naturally related with physiochemical and conscious entities around him – irrespective of his recognizing or not recognizing these relationships. For example – every human-being is related with air. It's impossible to make anything by a human-being which is not related with environment and other human-beings. All these relationships are there naturally in a human-family. Law-courts do arbitration of cases – not justice.

Question: Your entire presentation is existence-rooted. You proclaim that nature is *in* pervasive-element – and this itself is existence. You proclaim that pervasive-element is there where entities aren't, and this pervasive-element is there where entities are tightly heaped together. Please explain this.

**Answer:** We can understand pervasive-element very quickly – it can be called void, space, pervasive-element, supreme-self, or God. What is this pervasive-element? It

is the fundamental energy. All entities of nature are capable of being energized in this fundamental-energy. How does this energizing happen? Does pervasive-element *push* the entities for their becoming energized? Some theories proclaim that there was one big push which resulted in pushing the entities into action one by one. While pervasive-element has no such quality of "pushing". Pervasive-element (void) has no pulse, no flow, and no pressure – therefore there's no question of its *pushing*. Every entity is energized in pervasive-element – is clearly evident. It is omni-present – is also clear. Every entity is *submerged* and also *surrounded* in this pervasive-element. Entities are separate from each other – it means there's void (pervasive-element) between them. Had pervasive-element not been there, it wouldn't have been possible to separate entities from one another. Entities' joining together is also due to pervasive-element's being there in the middle. This is the basis for natural-formation and deformation activities in physiochemical entities, and these entities are energized or active due to pervasive-element.

Let's look at it again in another way. First there are entities - with each having certain shape, area, and volume. One can figure whether their volumes are same or different. While one can't describe shape, area, or volume of pervasive-element. Popular-science (materialism) proclaims that *void* isn't there where entities are. In other words (according to popular-science) entities can replace void. Therefore popular-science considers material objects to be more powerful than pervasiveelement. While in reality – all entities are in zero-attraction status. This earth, sun, solar-system, and all galaxies – these are all in zero-attraction status. Every entity in its *natural-state* is in zero-attraction – this implies that there is no concept of *weight* in entity's mutuality with pervasive-element. Weight gets explained only in mutuality among entities. For example - the natural-inclination of two atoms to form a molecule explains their weights towards each other. In the same way a number of molecules express their weights while exhibiting their natural-inclination for making a definite natural-formation. We call this force of attraction - this tendency of expressing weight in mutuality of entities. In reality - this (expression of weight) is for the purpose of entity's participancy in *development-progression* or participancy in universal-orderliness. For example – if we drop a stone from a height, it comes back to ground. This is due to the innate *natural-inclination for progress* in the stone. This innate natural-inclination of progress is being called attraction-force (or gravitationforce) when it is being exhibited. These examples illustrate that that every entity is active and energized. Pervasive-element is permeable – its proof is in every entity's being energized, active, naturally-controlled, and potent. Wherever an entity may be in existence its natural-control, activity, and potency remains intact, is another evidence of pervasive-element's permeability.

Question: Infinite entities of nature are submerged, surrounded, and drenched in pervasive-element and these entities expose in infinite angles in their mutuality – you have said. Please explain this.

**Answer:** In essence – *every entity is with infinite angles*. These infinite angles are can be extended in their respective infinite *directions*. The entity's image is there in these straight lines. Every angle would eventually land to one or the other entity in existence (since there are infinite entities in existence). Till the straight-line meets

another object one can keep extending the angle further. Where the angle meets second object – the first object's *image* is there. In this way we get the proof that – *every entity in existence is lighted*. An entity exposes itself in mutuality – this is the proof that entity is lighted. An entity is *lighted* is the proof that lighted-ness is innate to the entity. In this way – every entity's being with infinite angles is to expose its lighted-ness. Your image on me leads to my understanding your lighted-ness.

Question: Today's world seems to be in a rush for making profit. It's evident in businesses, jobs, and even in education-systems. You have called this profitmania. How will we get rid of social, economic, and environmental problems which have resulted due to this mania? If the world wants to leave this mania for profit - then what would be its alternative?

**Answer:** If something fails then one can try again for success. Humankind has got stuck because of not having stable-objective and definite-direction. Lacking stable-objective and definite-direction – humankind doesn't have definitiveness in its planning and programs. Definitiveness in programs is only possible with stable-objective and definite-direction. This gets realized when rationale (reasoning for determining true-purpose for human-actions) and natural-science (logical-analysis for determining right-direction for human-actions) are in full agreement. That's the main thing.

If we go about objective for economics based on profit-mania – we will find its objective is merely hoarding, comforts, consumption, and over-consumption; which can never be definitive. There's no point of fulfillment for hoarding and comforts. The 7 billion people living on this earth haven't yet been able to find the point of fulfillment of hoarding and comforts, nor can they ever find and realize it in living. This is evidence of lacking definite-direction and stable-objectives in humankind. Had there been definitiveness in our objective and direction – our programs would also have been a definitive. I have called it "profit-mania" - because it never results in fulfillment, still one keeps at "always crying for more". That's why I have called it a *mania*. I have seen working of this "always crying for more" – perhaps you can also see it. This "always crying for more" keeps expanding, it doesn't ever diminish. What objective could we ever accomplish by increasing the expanse of "always crying for more"? At what point would we reach fulfillment through "always crying for more"? With these two evidences I have reached the conclusion that "always crying for more" or profiting-mentality is a mania. If whole of 7 billion population of world is under this profit-mania - then who will get it freed from this mania? Everyone is exploring resolution for this question as universal-goodness, definitiveness, and continuity. These were the very things for my exploration also. Economic-orderliness is one of the aspects (of universal-goodness, definitiveness, and continuity).

Our *resources* are in the form of *body*, *mind*, and *wealth*. It's impossible to visualize an economics-thesis while ignoring any one of these three aspects. While - Economics of today teaches currency to be the basic-resource. Currency is told to be of two kinds – 1. metal-currency (coins), and 2. paper-currency (notes). Currencynotes are printed in some printing-machines. Printing-techniques have been

universalized – and therefore fake currency-notes are also there in rounds. Therefore – modern economics which is considered so great is essentially mere printing-technique and minting-technique. When desired objects can't be obtained through these notes or coins – then these themselves can't quench our thirsts or fill our stomachs. Therefore how should we consider these notes and coins? By merely obtaining symbol of a thing we don't achieve the thing itself. In this way – our believing of having obtained the thing while all we have are symbols is nothing but madness.

As profit-mania's alternative or replacement - my presentation cognates *economic-resources* to be as *body*, *mind*, and *wealth*. Here *wealth* implies objects of commonneeds (food, shelter, and conveniences) and aspirations (tele-viewing, tele-phony, and long distance traveling). This is the way we can realize *usefulness* of the objects of our needs - which is distinct from hoarding. In this way, whatever equipments we prepare would also be for the purpose of *usefulness* – and not for hoarding. Hoarding – if at all – can be done only to a limit. The more we hoard the more painful it becomes – therefore their becoming deployed for *usefulness* becomes inevitable. After *usefulness* – all these objects could be deployed for *right-use* and *purposefulness*.

I observed one wonderful thing – for producing any object the mind (*mun* faculty of jeevan) needs to be there. After *mun*, body needs to be there. Production of all objects is possible only with sanyog of mun and body. In this way we can perhaps conceptualize that:-

# Produced objects = Wealth = Common-needs and Aspirations of humankind.

If we can arrive at this conclusion then it becomes a beginning for diverting humankind's attention towards production. Prevalent modern economics – on the contrary – is working on to wipe off production-tendencies of humankind by making it meaningless. Modern economics talks of specialization – which further erodes the production-tendencies in humankind. After getting completely spoilt by receiving this education – one is called "respectable". Such "respectable" persons demand everything without producing anything - and their demands are maximum. This disinterest in production and lust for more and more resources collectively manifests into conflicts, revolts, exploitation, and wars. This is the way today's humankind has got stuck. Humankind wants to become free from this trap. I have achieved freedom from this trap. I don't need to exploit anyone - nor do I need to have conflicts and revolts against anyone. We produce more than our needs using our manual-work. You can also do the same. An individual can ascertain his needs only in his family. These needs can not be ascertained in isolation, or by comparing with rest of the world. If production by a family is more than its needs then it experiences prosperity. This establishes the need for Cyclical-Economics. I have written this as avartansheel arthshastra in Hindi language and have presented it to the world. Universalizing it will be good for whole humankind. Living this thesis is not going to harm any individual or any family. It will only lead to goodness. We all need to be free from methods of exploitation, conflicts, and revolts. The devious methods that we have adopted in our systems are not going to ever realize harmony, fearlessness, or peace.

We need *Cyclical-Economics* for realizing peace and harmony in humankind. One example of this cyclicality is – we deploy our resources (body mind, and wealth) on natural abundance, and the produced-objects thus become useful for body's nourishment, protection, and societal-progress. In turn, based on this achievement of societal-progress, protection, and nourishment we are enabled for producing more objects of needs. In this way this economics is cyclical. Human-being deploys his powers along with thinking-powers in the form of manual-work on natural-abundance – and thereby an object gets produced. We can always produce more than our needs, and this way we become free from trap of "always crying for more". Humankind has natural-inclination for *fulfillment* and *happiness* – therefore its searching for ways for achieving these is also natural. While searching if a way-out emerges it gets accepted as well.

This proposal (of cyclical-economics) has nothing to do with renunciation. It's a matter of converting *wrong* into *right*. It's a matter of converting *crime* into *justice*. It's a matter of converting *war* into *coexistence*. It's a matter of converting *conflict* into *compliance*. It's a matter of converting *revolt* into *friendship*. All these are *naturally-acceptable* to us. You can ask each one of the 7 billion people whether we should have conflicts, revolts, exploitation, and wars? Everyone would say that these should not be there. In my view no-one would be ready to keep on crying for *more*. This cyclical economics can get humankind rid of "always crying for more" mentality, conflicts, revolts, exploitation, and wars. The way every lunatic has inherent desire for becoming healthy – in the same way, system of profit-maniac economics has inherent striving for system of cyclical economics. It's only a matter of kindling that inherent striving. Every human-being has inherent striving for goodness, it's a matter of kindling it. In the process of awakening of humankind cyclical-economics is an inseparable part of humane-orderliness.

# Basic Principles of Cyclical-Economics are:-

- 1. Deployment of Human-potential into Manual-work.
- 2. Exchange System of Manual-work.

Production of all objects of basic-needs and aspirations is possible within this system. Cyclical-economics is active-presence, natural, destined, and is aligned with coexistence-principle. Therefore we should study it thoroughly and bring it into our living, and becoming fulfilled thus we should become source of fulfillment of others as well.

Question: On seeing disparities and decadence of humankind - Karl Marx conceptualized struggle centric materialism, which is also called communism. It showed a dream to the world that freedom from economic-disparities will become possible by establishing political-systems based on the ideology of communism. In the last century more than two-third of the world accepted communism and very serious experiments were carried out on this ideology. Millions of people suffered tortures in the hope of realizing its promise, but now it's quite evident before us that communism – at least its experiments – has failed miserably. World - this way - has proved that struggle can't become a

basis for humankind's living with happiness. We have heard you repeatedly talking about *Behavioral Socialism* – which you proclaim that - it can achieve resolution for disharmonies and problems which have arisen among humans. Please explain how it would work.

**Answer:** Struggle Centric Materialism conceptualizes that this world is working through method of pushing and pulling. When we take this ideology to behavior dimension its explanation is – your use of force with me, and my use of force with you is the way by which we both can keep working. Such working either causes progress of both of us, or destruction of both of us, or progress of one and destruction of other. In this way one concludes that only mighty-one is worthy of living. Weak-ones aren't worthy of living – such is the belief of struggle centric materialism.

I have seen (known) that – there is no pushing-pulling in existence. I have known that every entity in existence is *energized*, or is *potent*. A subatomic-particle is also *potent*, and so is an atom, a molecule, and molecule-clumps – *everything* is potent. All entities in existence are capable of realizing *method of complementariness* by giving and taking – therefore there's *progress* in existence. It's impossible for anyone to conceptualize *struggle centric materialism* upon understanding existence *as it is*. It's a misconception that only we will live, and everyone else will parish; only our religion will stay, other religions will parish, etc. Everyday we hear this clamor. One couldn't achieve a definite-direction and stable-objective with these ways, nor could one ever. In my view – only upon achieving a stable-objective and a definite-direction, one could conceptualize a definite program.

Those who desire to study this proposal, I make them study it. This is what I do everyday. It's not an obligation on anyone. The way air does its work, the way water does its work – in the same way, my work is to make people study this proposal. I have this unshakable-trust that I have worked only for this concept and only for this purpose whenever I worked. While doing this – I am able to arrive at resolution for every issue, and in my work and behavior. I am happy with this, and so is my family.

In my view – every family desires happiness. Every human naturally wants to be happy and wise – no-one naturally wants to become a fool. Even a fool doesn't like to be called a fool! Therefore proposals that are naturally-unacceptable don't get universalized. I don't naturally-accept foolishness, pushing-pulling, struggle, conflicts, revolts, and fights. Materialists proclaim that nothing can happen without some conflict or revolt. As its alternative – resolution-centric-materialism proclaims that every thing in existence is *potent*. This *potency* is for usefulness, right-use, and purposefulness. It's this *potency* which is cause of spontaneous exuberance in an awakened-jeevan.

The main issue is to achieve full-agreement in *rationale* (reasoning for determining true-purpose for human-actions) and *natural-science* (logical-analysis for determining right-direction for human-actions). This means our logical-analysis required for living to become purposeful. Also – we become capable of logically-analyzing human-purposes. If we aren't able to logically-analyze our purpose (of living) then our

**logic is incomplete.** Popular-science proclaims of having provided logically-consistent materialism. Then first logic comes as – What I am? Who I am? Why I am? And how do my peace, turmoil, happiness, and sorrow get built up? Why do I get pained by these? Why do I become happy? It's impossible to get answers to these questions from Popular-science. We can't achieve truth by starting on false hypotheses.

**Existence has resolution. Existence has destiny and a destined-progression. Destined-progression means natural-flow towards Resolution.** I have tried to explain it in *resolution-centric-materialism.* Behavioral-Socialism is based on this itself. Man naturally desires happiness, and resolution = happiness, problem = sorrow. Resolution is a must requirement for every human-being. How will resolution come about? Resolution shall happen from behavior. How? By method of relationships, values, valuation, and mutual-fulfillment – we will realize resolution. If we don't recognize our relations, we keep struggling with problems. When we are unable to realize values according to innate purpose of our relationships – we keep struggling with problems. Resolution is when all four – relationship, values, valuation, and mutual-fulfillment – happen together.

Humankind has got completely laden with problems – so much that one can only see problems all around, and human-being is not even visible under this heap of problems. Endless political, cultural, and economic problems have covered the whole human-race. Every generation is suffering from these problems. In this situation, Proposition of Behavioral-Socialism is: Behavior begets Resolution. Behavior happens in relationships – in human-relations, and with relation with nature. When our behavior in relationship with nature happens with principle, natural-control, and equilibrium – we get resolution, otherwise we suffer problems there. Without understanding of principle, natural-control, and equilibrium whatever industrialization we did, tore earth's guts apart - has resulted in ourselves becoming miserable. These problems (of industrialization) have become so big that now there's a question-mark on humankind's continuance on Earth. In my view - every human-being can become resolved under any circumstances. That's the **proposition of Behavioral-Socialism.** Its essence is – Relationships, Values, Valuation, and Mutual-fulfillment. This very essence begets us omni-dimensional resolution. Economic resolution is with the method of cyclicality. Cultural resolution is with human-consciousness oriented psychology. Human-being is an entity of knowledge-order, and it can realize itself only with its knowing-abilities by knowing our relationships, and having unshakable trust in active-presence. Living in orderliness and realizing coexistence. In this way, Behavioral-Socialism is postulated for omni-dimensional resolution.

Question: Freud has presented a thesis which proclaims that all human-desires have their focal-point in sex. Today whole world accepts this thesis overtly or covertly. Still we see that it didn't give a clear and resolution-producing resolution and outcomes. You mentioned Human-consciousness oriented psychology. How will this psychology replace Freud's psychology? How will a human-being achieve happiness and peace by studying this psychology and whole humankind will get a right direction?

**Answer:** Every human-being is a combined expression of body and jeevan – it has been explained here (in human-consciousness oriented psychology). Jeevan essentially is a constitutionally-complete atom. An atom (that participates in physiochemical activities) itself becomes conscious (jeevan) upon transilience. With this event of transilience - nature becomes able to express grandeur of consciousformations. Constitutionally-complete atom is free of weight-bondage and moleculebondage. That's its beauty. This atom (jeevan) becomes capable of driving (controlling) a brain-enriched body. Both these events - emergence of brain-enriched body and transilience of an atom (constituting-atom) for becoming conscious (jeevan) - happen in nature through method of destined-progression, i.e. these are definitive accomplishments (milestones) in existence. Human-being and animals are combined expressions of body and jeevan. I have seen (known) it precisely. This can be studied by anyone. We are clear when one is alive, and when one's dead. Being alive = a jeevan is enlivening the body. Dead = jeevan is not enlivening the body. Jeevan's enlivening body is manifested as the working of sensual-organs. When jeevan doesn't expose itself through body, then sensual-organs stop functioning, and we declare the person as dead. "Dead" means jeevan has left the body. When jeevan separates itself from body, from that moment we declare the person dead. Such person (without jeevan enlivening) can't be called "human-being". A human-being is identifiable only till a jeevan is enlivening the body.

Every human is a thinking-entity. Thinking in animals is limited to their requirements for living with race-conformance method. Even if a human-being who wants to live with race-conformance method, his visualization-abilities, and freedom-ofkarma get spread far beyond the confines of his body. As our thinking doesn't get confined in the purview of race-conformance, our expanse naturally spreads far and wide. This way, our jeevan's activities can't be limited to the confines of our bodies. That's the root-cause of our not achieving resolution and fulfillment by thinking in the purview of body. Its evidence is in humankind's not achieving sociality and not accomplishing undivided-society, and not finding universal-orderliness – in its entire history. A dog's orderliness is universal across the world, a horse's orderliness is universal across the world – and in the same way every animal realizes its orderliness in a universal way. How is humankind alone so unfortunate that its orderliness can't become universal? Thinking is our being-ness - you and I can't silence it. It's not in our capacity to silence our thoughts. Existence has usefulness of all entities - donkey, horse, dog, grass, stone, iron, gems - and these are complementary for one another. How can humankind be without its complementariness then? Silencing oneself is against nature, it's against destiny, it's against progress, and it's against awakening. Silencing is conflicting - and conflict breeds problems. This is exactly what happened with people treading the path of spiritualism.

Numerous people attempted for samadhi in our country. Eventually turn comes for giving one's testimony – and some people have given their testimonies in a round about manner. But they couldn't categorically declare – "I have achieved samadhi, this is the result of samadhi, and I am myself its proof." Then there are scriptures of "supreme-souls". Whatever documents are available describing these supreme-souls

are attempts of presenting ultimate of human-imagination (of those times). All these were done in expectation of goodness, but *universal-goodness* didn't happen. Meaning of *goodness* as resolution, prosperity, fearlessness, and coexistence couldn't be realized. Undivided-society and universal-orderliness couldn't get realized. Humankind couldn't become capable of testifying categorically that "every human-being has become wise." Everyone didn't achieve happiness, peace, and satisfaction – that's why I term these attempts as "unsuccessful". On the other hand – whatever materialism (i.e. popular-science) said led humankind to path of hoarding and comforts, that too came to the verge of becoming "unsuccessful".

Success (as realizing universal-goodness) is only possible with human-consciousness. Where does human-consciousness happen? Human-consciousness happens in jeevan. Freud's presentation has nothing whatsoever to do with jeevan. If jeevan's only desire is to suffer from sexual-lust, if that were the truth – then it's already realized in cats, dogs, and other animals. Then what would have been the need for human-being to be in destiny's-progression? If we ask this way, there's no objective for humankind to be! That's what comes logically – what's the difference between human-being and animal then? **Human-objective is happiness. Resolution is needed for happiness. No-one can realize prosperity without first realizing resolution.** We were to become *prosperous* while leaving *resolution* – this won't happen ever.

We need to think about all this therefore. With that we can understand that humanconsciousness gets explained as knowing-ability and sensual-ability. Knowing-ability encompasses two aspects – 1. knowing, 2. believing. Sensual-ability also encompasses two aspects – 1. recognizing, 2. conducting. Sensual-abilities entirely get manifested through sensual-organ centric method. Whatever decisions we take on the basis of sensations received from sensual-organs are going to be temporal. These decisions will not have continuity - or these will not be valid for all times. For example - we like eating, but we can't keep on eating forever. We like sleeping, but we can't keep on sleeping forever. What I mean to say here - There's no activity in working of sensual-organs which could be continued forever without changing. Working of sensual-organs has to have changes repeatedly. No-one can continue doing one sensual-activity continuously without any changes. What's the purpose behind this? This temporality of working of sensual-organs is for turning humanbeing's attention towards knowing-ability. Isn't this arrangement beautiful? Brittleness of sensual-abilities is an alarm for awakening in every human-being. It's an inspiration for awakening in humankind. It shows the way to awakening to humankind. It's there in you and me in the same way. When this awakening arises in you – you will testify yourself. Testifying is your responsibility, and as for me – I have got it all. After having got it - our exuberance is only natural. It's such a wonderful arrangement! Just by thinking a little anyone can logically analyze that working of sensual-abilities is brittle, and we actually desire happiness perennially. By having more of sensations we only perceive happiness, but we don't experience happiness. Our thirst is for experiencing happiness - which can not be fulfilled without existential-experience. Existential-experience is perennial in a continuous manner. There's no brittleness in existential-experience, ever. On this basis – existential-experience was needed for perennial-happiness. Brittleness of

sensations is only natural – it's a natural-orderliness. We could valuate sensual-ability on the basis of existential-experience. Thereafter we get the meaning of knowing-ability – and that is all activities of jeevan (self) to get enlivened with existential-experience centric method. This itself is human-consciousness and awakened-consciousness –which I have experienced. I make you study this. You will be able to realize human-consciousness only through method of study. Reading this again and again can be helpful for existential-knowledge (bodh). Understanding of jeevan establishes the foundation for understanding human-consciousness. Understanding humane-conduct implies realizing of humane-tradition. Humane-tradition is not going to be possible without understanding humane-behavior and humane-conduct.

**Humane-conduct is one such thing which is exactly same in every space and time.** Humane-conduct is a combination of *values*, *character*, and *principled-living*. *Humane-character* is described as *self-wealth*, *continence*, and *behavior filled with kindness*. *Principled-living* is *right-use* and *protection* of *resources* (body, mind, and wealth). *Values* are doing *valuation* and realizing *mutual-fulfillment* in human-relationships.

Jeevan's objective is perennial-happiness. And human-objectives are resolution, prosperity, fearlessness, and coexistence. It's for these objectives we link principled-living in all dimensions of our living. The meaning of principled-living itself gets realized in this way. It's the same way with *values* and *character*. Badcharacter brings sorrow, unprincipled-living brings sorrow, disrespecting values brings sorrow. In this way – values, character, and principled-living itself is humane-conduct and true being-ness of humankind. What's needed for realizing this conduct? It's wisdom (gyan) of existence, jeevan, and humane-conduct that's needed for realizing humane-conduct.

What is wisdom (gyan)? *Knowing* and *believing* is wisdom. It's only upon *knowing* and *believing* that one goes looking for its *point* of *fulfillment*.

Without knowing or believing – where's the question of searching its point of fulfillment. Where would one search for fulfillment in that case? For example – we *know* and *believe* in Delhi – only then we can make a program for going to Delhi. Without *knowing* and *believing* in Delhi how could we ever make a program for going to Delhi? We *believed* in being of moon – and we could reach there as well. We do a lot of things for achieving point of fulfillment for knowing and believing. Now for *doing* the main thing is - coexistence gets understood upon understanding existence; humane-conduct gets understood upon understanding coexistence, and it gets realized.

Human-Consciousness Oriented Psychology establishes all of the above concepts. **I** have seen (known) 122 activities in jeevan. Of these 122 activities – how many happen in mun, how many in vritti, how many in chitta, how many in buddhi, and how many in atma – I have tried to explain these here. What's the purpose of explaining these? Its purpose is – as one listens to these one after another, and imbibes their understanding – then for seeking point of fulfillment for self, one's achieving existential-experience becomes inevitable. That brings capability of making

others achieve existential-knowledge (bodh). Making others achieve existential-knowledge (bodh) itself is proof of our having the treasure of existential-experience. Our capacity of making others understand is proof that we have understood. Our capacity of making others healthy is proof of our being healthy. Our capacity of making others prosperous is proof of our being prosperous. This way sociality gets established in a very simple manner. Thus far, humankind has kept living in purview of sensual-abilities – which kept manifesting in actions of hoarding, comforts, revolts, conflicts, and exploitation. Human-Consciousness Oriented Psychology in essence is about understanding jeevan's activities. We believe for knowing, and upon knowing we get manifested as recognizing and conducting – and thereby we spontaneously become judicious, naturally-controlled, in equilibrium, and perennially happy. This in essence is the purpose of humane-consciousness oriented psychology.

Question: There are thousands of practices of medicine in the world today. Tremendous human-effort and resources have been deployed in these activities and despite that - humankind as a whole is still unhealthy. Number of diseases keeps on increasing irrespective of money and research for health-related machinery. Ever newer diseases keep emerging. The old techniques of medicine also don't get results commiserate with their promises. In this situation – how would you recognize health and discipline on the basis of jeevan-vidya?

**Answer:** This question is there with everyone more or less. This "tremendous human-effort" is only for specialization. Specialization is like a devil that can kill everyone. Our believing that whatever medical-specialists say is right caused crimes to maximum extent. Of these crimes - maximum crimes happened with **those who were patients.** When a patient starts narrating his pains – the doctor doesn't want to listen to him, he wants to listen to patient through machines. Machines can't recognize (capture) the pain of a patient. Only a human-being can listen to another human-being's pain, can recognize it – and this listening and recognizing is not possible through machines. Even most sophisticated machine can't recognize human-ailment. Earlier experiments of identifying human-pain through Ayurveda and Greek methods through knowledge of human-pulse are praise-worthy. These methods have tried to recognize human-pain through flow and pressure of human-pulse – and all that is praise-worthy. On finding these methods cumbersome – gradually everyone has switched over to convenience of machines. Now all doctors want to recognize pain and ailments only through machines. Whatever decisions they take on the basis of a machine – doesn't lead to patient's satisfaction, and the doctor stays distant from recognizing the root-cause of the patient's ailment. Medical research and experiments also are done with observations of machines – which are bound to be off the mark.

Whole specialization is in the trap of seeking hoarding and comforts. For prescribing same medicine one doctor takes 50 rupees, and a specialist from a big-city takes 2000 rupees. Here I am trying to bring your attention to the extent of this madness in humankind. One who charges more is considered a better doctor. In this way by one determines what to expect from a doctor by the fees he charges! Thirdly, we have

never thought of medicine holistically, we have never even tried in that direction. Holistic-medicine means first recognizing health - i.e. working of a healthy body. Then recognize the extent of ailment through flow of human-pulse, and thereby resolve about ailment - and tally them with symptoms to ascertain the disease. Thereafter we start the treatment of patient – if the patient gets cured, only then we can say that our understanding was right, otherwise our understanding was wrong. Present medicine-systems assume themselves to be right always whether their prescribed treatment becomes successful or unsuccessful. That's its deadlock. Therefore holistic-medicine is - first recognizing of ailment, then recognizing the extent of ailment, then recognizing of medicines and their potencies, recognizing the effects of their sanyog, recognizing their dosage and administration, recognizing mentality of patient, recognizing dietary-advices and restrictions, recognizing discipline for patient. Complete healing is possible with medicines and yogic-exercises. Gem-based healing methods describe only effects of rays and radiations on body. Mantra-based healing methods affect more on mental-waves. While - Medicines get dissolved in bodily-juices and bring about changes in their secretions. Body's system has the capacity for removing its ailments. Doctors forcefully interfere with body's natural-system of working. So what should doctors do? Doctors should give required substances for strengthening body's systems according to its condition. That's where the expertise of a doctor comes in, that's where there rationale and natural-science gets deployed. This healing-method can realize universal-healthiness. Medical-Practice should be universalized by freeing it from specialization.

**Health is related with body. Discipline is related with mun (mind).** Discipline in conduct comes with *justice*, *principled-living*, living with *natural-control* and *equilibrium*. Therefore discipline is mentality of equilibrium and justice. What's the medicine for discipline? Medicine for bringing about discipline is *wisdom*. Absence of wisdom manifests as physical and mental imbalance. Wisdom manifests as equilibrium. Wisdom is universal-orderliness and equilibrium.